



UGANDA ATHLETICS FEDERATION

2ND NATIONAL TRIALS RESULTS

15th March 2025 - Mandela National Stadium

WOMEN

100m Heat 1

Wind: -0.30m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	019	Mbabazi	Jemimah	Gombe SSS Athletics Club	13.54
2	2	008	Nanyombi	Izabella	Entebbe	13.84
3	1	003	Asio	Vicky	Airforce Army SS	14.19
4	5	110	Kobusinge	Jolly Laticia	Uganda Prisons Athletics Club	14.26
5	4	050	Namukose	Gertrude	Tela Field Club	19.00

100m Heat 2

Wind: 1.20m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	059	Mbwali	Bridget	Uganda Christian University Athletics Club	12.16
2	4	094	Apio	Agnes	Uganda Prisons Athletics Club	12.73
3	1	022	Batyo	Claire	KCCA Athletics Club	13.06
4	5	115	Acen	Rose Mary	UPDF Athletics Club	13.11
5	2	042	Kaahwa	Annamary	Old Kampala SSS	13.53

200m Heat 1

Wind: 0.50m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	023	Namuwonge	Jennifer	KCCA Athletics Club	26.88
2	5	060	Suubi	Denise Ntege	Uganda Christian University Athletics Club	27.53
3	3	013	Amuge	Mercy	Gombe SSS Athletics Club	27.71
4	7	008	Nanyombi	Izabella	Entebbe	28.49
5	1	001	Aber	Patricia Akello	Airforce Army SS	28.84
6	6	061	Waaku	Prisca	Uganda Christian University Athletics Club	29.27
7	2	011	Acheng	Hafsah Akulla	Gombe SSS Athletics Club	31.93

200m Heat 2

Wind: 0.70m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	010	Acan	Agness	Gombe SSS Athletics Club	27.19
2	4	056	Akello	Molly	Uganda Christian University Athletics Club	27.20
3	3	018	Marufa	Ahmed Dafala	Gombe SSS Athletics Club	27.26
4	6	042	Kaahwa	Annamary	Old Kampala SSS	27.30
5	2	012	Agoa	Nancy	Gombe SSS Athletics Club	27.86
6	5	123	Namujju	Catherine	Wakiso	36.40

200m Heat 3

Wind: -0.80m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	051	Akwenyi	Malvine	Tororo	25.48
2	2	016	Awat	Mary	Gombe SSS Athletics Club	25.66
3	6	057	Atiang	Charity Mercy	Uganda Christian University Athletics Club	26.18
4	7	043	Mbabazi Teopister	Peace	Old Kampala SSS	26.38
5	1	002	Anamu	Vicky	Airforce Army SS	26.65
6	3	081	Draru	Rose	Uganda Police Athletics Club	27.93
7	5	053	Atyang	Mary	Tororo	28.73
	8	115	Acen	Rose Mary	UPDF Athletics Club	DNS

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	043	Mbabazi Teopister	Peace	Old Kampala SSS	58.13
2	7	081	Draru	Rose	Uganda Police Athletics Club	1:00.49
3	5	013	Amuge	Mercy	Gombe SSS Athletics Club	1:01.46
4	2	040	Awelo Mukasa	Fiona	Old Kampala SSS	1:01.92
5	4	011	Acheng	Hafsah Akulla	Gombe SSS Athletics Club	1:11.46
6	1	030	Candiru	Otensia	Makerere University Athletics Club	1:16.55
	3	001	Aber	Patricia Akello	Airforce Army SS	DNS

400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	018	Marufa	Ahmed Dafala	Gombe SSS Athletics Club	1:00.98
2	3	010	Acan	Agness	Gombe SSS Athletics Club	1:02.31
3	4	012	Agoa	Nancy	Gombe SSS Athletics Club	1:02.76
4	6	053	Atyang	Mary	Tororo	1:03.91
5	2	044	Wanyenya	Gift	Old Kampala SSS	1:08.57
6	1	036	Gumoshabe	Rebecca	Ndejje University Athletics Club	1:13.12

400m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	084	Shida	Leni	Uganda Police Athletics Club	52.11
2	5	063	Banura	Mauren	Uganda Police Athletics Club	54.99
3	6	051	Akwenyi	Malvine	Tororo	56.91
4	8	016	Awat	Mary	Gombe SSS Athletics Club	57.47
5	3	114	Woumuku	Stella	Uganda Prisons Athletics Club	58.01
6	7	098	Biryeri	Evelyn	Uganda Prisons Athletics Club	58.13
7	2	002	Anamu	Vicky	Airforce Army SS	58.36

800m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	062	Oroma	Peace	Uganda Para Athletics	2:15.22
2	7	093	Apio	Elizabeth	Uganda Prisons Athletics Club	2:15.94
3	3	035	Avikoru	Lilian	Ndejje University Athletics Club	2:17.40
4	8	099	Chebet	Loise	Uganda Prisons Athletics Club	2:21.22
5	6	075	Chemutai	Nelly	Uganda Police Athletics Club	2:24.53
6	4	038	Alum	Topista	Ntungamo	2:34.35
7	7	124	Chelangat	Deborah	Tororo	2:37.87
8	5	041	Basemera	Daphine	Old Kampala SSS	2:44.67
9	2	021	Koech	Maurine	Kampala Kids Academy Athletics Club	2:57.56
	8	117	Chelangat	Ariziki	UPDF Athletics Club	DNS

800m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	122	Nakaayi	Halima	UWA Athletics Club	2:00.88
2	2	026	Chebet	Maurcen	Kween	2:01.64
3	6	072	Chelangat	Sylvia	Uganda Police Athletics Club	2:12.51
4	5	055	Chemutai	Teddy	Tororo	2:15.29
5	7	074	Chemutai	Febia	Uganda Police Athletics Club	2:16.08
6	8	054	Chebet	Zumurah	Tororo	2:16.15
7	8	092	Apio	Sarah	Uganda Prisons Athletics Club	2:33.11
8	3	039	Amuge	Sharon	Old Kampala SSS	2:39.95
	1	024	Ijorea	Margret	Kids of Africa	DNS

1500m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	069	Chekwemioi	Felister	Uganda Police Athletics Club	4:14.72
2	9	101	Chekwemioi	Brenda	Uganda Prisons Athletics Club	4:18.37
3	8	080	Cherop	Patience	Uganda Police Athletics Club	4:21.26
4	7	077	Chemutai	Scalet	Uganda Police Athletics Club	4:23.58
5	3	020	Cherotwo	Baskline	JOCDEF Athletics Club	4:24.14
6	6	076	Chemutai	Peace Hope	Uganda Police Athletics Club	4:35.03
7	11	121	Yeko	Isabel	UPDF Athletics Club	4:35.09
8	4	068	Chebet	Miracle	Uganda Police Athletics Club	4:42.54
9	10	104	Chemutai	Shendrine	Uganda Prisons Athletics Club	4:46.25
10	2	017	Kakyo	Masturah	Gombe SSS Athletics Club	4:57.12
11	1	009	Nabaggala	Claire	Evzin Athletics Club	5:44.92

3000m U20

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	11	085	Yeko	Bentalin	Uganda Police Athletics Club	9:09.32
2	10	079	Cherop	Risper	Uganda Police Athletics Club	9:09.77
3	6	065	Chebet	Keziah	Uganda Police Athletics Club	9:10.88
4	12	103	Chelimo	Kereen	Uganda Prisons Athletics Club	9:14.23
5	7	066	Chebet	Peace	Uganda Police Athletics Club	9:20.80
6	5	064	Chebet	Isella	Uganda Police Athletics Club	9:32.69
7	16	118	Chepkwuri	Nancy	UPDF Athletics Club	9:34.23
8	8	070	Chekwemioi	Financia	Uganda Police Athletics Club	9:34.43
9	13	107	Chepkwemboi	Ruth	Uganda Prisons Athletics Club	9:42.13
10	9	073	Chelimo	Edith	Uganda Police Athletics Club	9:48.82
11	15	109	Cheruto	Nowel	Uganda Prisons Athletics Club	9:54.76
12	4	049	Namura	Elizabeth Naboi Loturi	South Sudan	9:56.64
13	14	108	Chepkwemioi	Priscilla	Uganda Prisons Athletics Club	10:05.73
14	2	007	Cheptoyek	Kerine	Bukwo	10:41.75
15	3	048	Marial	Rebecca Nyandour	South Sudan	10:48.22
16	1	004	Chelangat	Esther	Airforce Army SS	13:49.93

5000m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	9	100	Chebet	Esther	Uganda Prisons Athletics Club	15:27.13
2	8	078	Cherop	Charity	Uganda Police Athletics Club	15:38.00
3	6	067	Chebet	Charity	Uganda Police Athletics Club	15:58.47
4	10	102	Chelimo	Angeline	Uganda Prisons Athletics Club	16:22.11
5	7	071	Chekwemioi	Esther	Uganda Police Athletics Club	16:58.78
6	12	106	Chepetegi	Scalet	Uganda Prisons Athletics Club	17:49.43
7	13	119	Cheptoyek	Faith	UPDF Athletics Club	19:05.21
8	2	006	Ninsiima	Christine	Airforce Army SS	20:42.57
9	1	005	Chelangat	Ruth	Airforce Army SS	22:31.26
	3	045	Aparu	Nancy Nadai Martin	South Sudan	DNS
	4	046	Juli	Ajieth Cecelia Thalang	South Sudan	DNS
	5	047	Lokhiri	Stella Mami Clement	South Sudan	DNS
	11	105	Chemutai	Belinda	Uganda Prisons Athletics Club	DNS

4x100m Relay

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	114	Wonruku	Siella	Uganda Prisons Athletics Club	49.85
		096	Auna	Mary		
		094	Apio	Agnes		
		112	Lakot	Scovia		
2	3	059	Mbwali	Bridget	Uganda Christian University Athletics Club	50.19
		057	Atiang	Charity Mercy		
		061	Waaku	Prisca		
		056	Akello	Molly		
3	1	010	Acan	Agness	Gombe SSS Athletics Club	50.75
		016	Awat	Mary		
		019	Mbabazi	Jemimah		
		013	Amuge	Mercy		

Javelin Throw

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	9	097	Awidi	Victoria	Uganda Prisons Athletics Club	42.26
2	5	112	Lakot	Scovia	Uganda Prisons Athletics Club	41.31
3	4	113	Lakot	Nancy	Uganda Prisons Athletics Club	40.58
4	11	037	Lakica	Janneth	Ndejje University Athletics Club	38.13
5	3	088	Akello	Gloria Ocen	Uganda Prisons Athletics Club	33.94
6	7	032	Abur	Mary	Ndejje University Athletics Club	33.30
7	2	052	Apoko	Winnie	Tororo	31.12
8	8	034	Ajok	Teddy Goretti	Ndejje University Athletics Club	29.09
9	1	029	Anzoa	Anna Harriet	Makerere University Athletics Club	27.48
	6	025	Ssanyu	Emily	Kids of Africa	DNS
	10	116	Adongpiny	Mercy Keddy	UPDF Athletics Club	DNS

Long Jump

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	3	090	Alobo	Gladys	Uganda Prisons Athletics Club	5.45
2	5	112	Lakot	Scovia	Uganda Prisons Athletics Club	5.41
3	4	095	Apiyo	Scovia Lamwaka	Uganda Prisons Athletics Club	5.27
4	1	033	Adong-Cen	Lilian Kagwa	Ndejje University Athletics Club	5.22
5	6	019	Mbabazi	Jemimah	Gombe SSS Athletics Club	5.08
6	7	061	Waaku	Prisca	Uganda Christian University Athletics Club	4.43
7	2	082	Ibida	Elizabeth	Uganda Police Athletics Club	4.19

Shot Put

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	12	089	Alanyo	Catherine	Uganda Prisons Athletics Club	10.74
2	15	097	Awidi	Victoria	Uganda Prisons Athletics Club	10.40
3	10	086	Acan	Janneth	Uganda Prisons Athletics Club	10.38
4	8	058	Atim	Oliver	Uganda Christian University Athletics Club	10.17
5	9	083	Laker	Mercy	Uganda Police Athletics Club	10.14
6	13	091	Amaido	Caroline	Uganda Prisons Athletics Club	9.95
7	4	028	Aheebwa	Josephine	Lamwo	9.78
8	11	087	Aciro	Rosemary	Uganda Prisons Athletics Club	9.48
9	16	116	Adongpiny	Mercy Keddy	UPDF Athletics Club	9.17
10	17	120	Oyella	Cavine Alice	UPDF Athletics Club	9.08
11	6	032	Abur	Mary	Ndejje University Athletics Club	8.90
12	18	037	Lakica	Janneth	Ndejje University Athletics Club	8.45
13	5	031	Esiana	Tryphena	Makerere University Athletics Club	7.62
14	1	015	Apiyo	Michelle	Gombe SSS Athletics Club	7.60
15	7	034	Ajok	Teddy Goretti	Ndejje University Athletics Club	7.41
16	2	025	Ssanyu	Emily	Kids of Africa	6.63

MEN

100m Heat 1

Wind: -0.30m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	327	Okabo	Santos	Uganda Christian University Athletics Club	11.03
2	6	415	Obaren	Aaron	Uganda Prisons Athletics Club	11.30
3	4	320	Kapaya	Yusufu	Tororo	11.50
4	1	203	Osuwa Gift	Michael	Airforce Army SS	12.12
5	7	271	Masisa	Fred	Makerere University Athletics Club	12.35
6	3	262	Akanyijuka	Ivan	Makerere University Athletics Club	12.80
	2	249	Jjunju	Brian	Kids of Africa	DQ

100m Heat 2

Wind: 0.20m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	287	Musinguzi	Davis	Ndeje University Athletics Club	11.57
2	7	331	Owiny-Dollo	James	Uganda Christian University Athletics Club	12.03
3	1	205	Kibet	Jacob	Bombo SS Athletics Club	12.29
4	5	303	Obok	James	Old Kampala SSS	12.30
5	6	329	Okello	Moses	Uganda Christian University Athletics Club	12.53
6	3	266	Kaddu	Venswa	Makerere University Athletics Club	12.82
7	2	248	Bogere	Jacob	Kids of Africa	13.98

100m Heat 3

Wind: -0.50m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	291	Okuma	Ismael	Ndeje University Athletics Club	11.21
2	6	402	Ewich	Moses	Uganda Prisons Athletics Club	11.67
3	5	358	Kakande	Ruddy Kawooya	Uganda Police Athletics Club	11.96
4	7	416	Oburu	Rogers	Uganda Prisons Athletics Club	11.97
5	3	254	Raiyed	Hussein	Kids of Africa	12.33
	1	217	Muttagira	Fred	Buyende	DNS
	2	250	Kibirige	John	Kids of Africa	DNS
	8	450	Kiswiriri	Asiramu	Mayuge District	DNS

100m Heat 4

Wind: 0.80m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	231	Mwikiriize	Lauben	Kampala Kids Academy Athletics Club	11.57
2	6	261	Sentaayi	Erick	Luwero	11.85
3	4	238	Gwedda	Nahum	KCCA Athletics Club	12.08
4	5	253	Omaruk	Joshua	Kids of Africa	12.15
	1	211	Kimanga	Henry	Gombe SSS Athletics Club	DQ
	2	212	Ocanya	Joel Francis	Gombe SSS Athletics Club	DNS
	7	405	Kalibata	Brian	Uganda Prisons Athletics Club	DNS

100m Heat 5

Wind: 1.60m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	201	Nyago	Rouben	Airforce Army SS	11.84
2	4	235	Omuniyokol	Brian	Kampala Kids Academy Athletics Club	11.90
3	8	449	Matende	Gonzaga	Mayuge District	11.91
4	7	268	Kamoga	Sidney	Makerere University Athletics Club	12.22
5	3	234	Ocira	Daniel	Kampala Kids Academy Athletics Club	12.77
6	2	206	Kiyimba	Joseph	Bombo SS Athletics Club	12.98
7	5	247	Weere	Godfrey	Kiboga	13.23
8	6	264	Husayn	Bin Miradji	Makerere University Athletics Club	13.70

100m Heat 6**Wind: 2.30m/s**

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	325	Odongo	Dickens	Uganda Christian University Athletics Club	11.06
2	4	293	Opini	Godwill	Ndeje University Athletics Club	11.91
3	2	259	Kamukama	Gerald	Kigezi High Altitude Athletics Club	12.24
4	7	265	Jimmy	Innocent	Makerere University Athletics Club	12.83
5	3	273	Nyaoke	Dylan Amuka	Makerere University Athletics Club	12.99
6	1	333	Wokorach	Geoffrey Oloya	Uganda Para Athletics	13.30
	5	313	Machol	James Sunday	South Sudan	DNS

100m Heat 7**Wind:-1.20m/s**

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	379	Aboda	Emmanuel	Uganda Prisons Athletics Club	10.61
2	4	403	Isabirye	Musa	Uganda Prisons Athletics Club	10.81
3	2	417	Obuto	Solomon	Uganda Prisons Athletics Club	10.87
4	1	382	Ambayo	Fred	Uganda Prisons Athletics Club	11.15
5	7	245	Mwangi	David Chege	Kenya	11.24
6	6	326	Ogenrwot	Churchill	Uganda Christian University Athletics Club	11.63
	5	440	Onyanga	Isaac	UPDF Athletics Club	DNS
	8	286	Mukasa	Vincent	Ndeje University Athletics Club	DNS

200m Heat 1**Wind: 0.10m/s**

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	295	Akii	Kizito	Ntungamo	22.68
2	3	416	Oburu	Rogers	Uganda Prisons Athletics Club	23.77
3	8	450	Kishwiri	Ashraf	Mayuge District	24.25
4	5	276	Onyait	Phillip	Makerere University Athletics Club	24.69
5	7	298	Niwagaba	Loudel	Ntungamo	24.77
6	2	259	Kamukama	Gerald	Kigezi High Altitude Athletics Club	24.86
7	1	249	Jjunju	Brian	Kids of Africa	25.07
	4	251	Kiwanyizi	Alex	Kids of Africa	DNS

200m Heat 2**Wind: 3.90m/s**

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	382	Ambayo	Fred	Uganda Prisons Athletics Club	22.80
2	5	269	Kaweesi	Francis	Makerere University Athletics Club	23.54
3	1	212	Ocanya	Joel Francis	Gombe SSS Athletics Club	24.10
4	6	301	Kiwanyizi	Alex	Old Kampala SSS	25.48
5	4	213	Rackara	Hassan Gracia	Gombe SSS Athletics Club	25.76
6	3	209	Kabuye	Moses	Gombe SSS Athletics Club	27.34
7	7	448	Nsiro	Ikonde	Wakiso	27.66

200m Heat 3**Wind: -0.30m/s**

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	201	Nyago	Rouben	Airforce Army SS	24.33
2	4	254	Raiyed	Hussein	Kids of Africa	25.09
3	6	210	Kazoora	Eriah	Gombe SSS Athletics Club	25.74
4	5	329	Okello	Moses	Uganda Christian University Athletics Club	26.12
5	2	206	Kiyimba	Joseph	Bombo SS Athletics Club	26.78
6	7	267	Kainerugaba	Adam	Makerere University Athletics Club	27.70
7	3	248	Bogere	Jacob	Kids of Africa	28.60

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	380	Ajalu	Joshua	Uganda Prisons Athletics Club	51.50
2	5	308	Okiror	Herbert	Soroti City	53.57
3	6	256	Servadda	Paul	Kids of Africa	55.42
4	1	333	Wokorach	Geoffrey Oloya	Uganda Para Athletics	57.99
5	2	210	Kazoora	Eriah	Gombe SSS Athletics Club	58.79
	3	232	Ndiwoyoye	Nifu	Kampala Kids Academy Athletics Club	DNS
	4	251	Kiwanyizi	Alex	Kids of Africa	DNS

400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	243	Khisa	Allan Kipyego	Kenya	47.22
2	3	295	Akii	Kizito	Ntungamo	52.58
3	2	271	Masisa	Fred	Makerere University Athletics Club	56.97
4	4	233	Ntambi	Ernest	Kampala Kids Academy Athletics Club	58.06
5	7	265	Jimmy	Innocent	Makerere University Athletics Club	59.72
	6	377	Solimo	Jophisan	Uganda Police Athletics Club	DNS

400m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	323	Batte	Keith	Uganda Christian University Athletics Club	50.09
2	5	272	Nyanzi	Tebi	Makerere University Athletics Club	56.97
3	3	209	Kabuye	Moses	Gombe SSS Athletics Club	1:06.37
	1	217	Muttagira	Fred	Buyende	DNS
	2	250	Kibirige	John	Kids of Africa	DNS
	4	225	Twikirize	Adolf	Kabarole	DNS

400m Heat 4

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	304	Wananda	Earnest	Old Kampala SSS	51.66
2	1	231	Mwikirize	Lauben	Kampala Kids Academy Athletics Club	52.04
3	2	266	Kaddu	Venswa	Makerere University Athletics Club	52.89
4	3	275	Omollo Innocent	Lazzo	Makerere University Athletics Club	54.94
5	6	362	Kivumbi	Rippon	Uganda Police Athletics Club	55.47
6	5	324	Brackson	Bright	Uganda Christian University Athletics Club	59.94

400m Heat 5

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	283	Chan	Wengo Godfrey	Ndejje University Athletics Club	46.77
2	3	263	Omuka	Kenneth	Makerere University Athletics Club	47.08
3	5	444	Okwii	Erick	UWA Athletics Club	47.37
4	4	330	Okolimo	Joseph	Uganda Christian University Athletics Club	47.48
5	6	425	Ongee	Felix Ouma	Uganda Prisons Athletics Club	47.81
6	1	207	Eric	Nzikwinkunda	Burundi	48.52
7	8	439	Onencan	Brian	UPDF Athletics Club	49.10
	2	445	Opiny	Leonard	UWA Athletics Club	DQ

800m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	8	418	Ocen	Robin	Uganda Prisons Athletics Club	1:56.00
2	3	226	Naibalilawa	Jamilu	Kampala International University Athletics Club	1:59.93
3	5	260	Ogiki	Simon Reagan	Lamwo	2:00.34
4	6	296	Alak Michael	Chol	Ntungamo (South Sudan)	2:03.97
5	8	420	Odongo	Moris	Uganda Prisons Athletics Club	2:10.16
6	1	238	Gwedda	Nahum	KCCA Athletics Club	2:18.25
7	7	300	Kawewa	Emmanuel	Old Kampala SSS	2:19.21
8	4	228	Alekete	Stephen	Kampala Kids Academy Athletics Club	2:31.05
	2	447	Kigundu	Allan	Wakiso	

800m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	292	Onekgiu	Jimmy Jasper	Ndejje University Athletics Club	1:51.76
2	1	230	Labeja	Patrick	Kampala Kids Academy Athletics Club	1:52.93
3	6	319	Cheptai	Wadil	Tororo	1:57.63
4	2	241	Naturinda	Mubarakah	KCCA Athletics Club	1:57.96
5	7	392	Chelimo	Crispin	Uganda Prisons Athletics Club	1:59.78
6	5	317	Salih	Mohamed	South Sudan	2:02.12
7	8	426	Otucu	Emmanuel	Uganda Prisons Athletics Club	2:03.15
8	8	424	Omongin	Joel	Uganda Prisons Athletics Club	2:05.29
9	3	255	Sawad	Twaha	Kids of Africa	2:08.70

800m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	343	Chemos	Ezekiel	Uganda Police Athletics Club	1:49.12
2	1	401	Erimu	Kokas	Uganda Prisons Athletics Club	1:49.56
3	7	351	Cheptoyek	Nicholas	Uganda Police Athletics Club	1:49.98
4	8	421	Ogwal	Samuel	Uganda Prisons Athletics Club	1:50.01
5	5	282	Akemkwene	Peter	Ndejje University Athletics Club	1:51.27
6	2	200	Krube	Fadil Jaffar	Airforce Army SS	1:51.44
7	3	202	Omara	Raymond	Airforce Army SS	1:54.08
8	4	244	Kipchumba	Wilberforce	Kenya	2:05.26

1500m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	11	288	Nyakuni	Moses	Ndejje University Athletics Club	4:02.63
2	16	366	Kwemoi	Abraham	Uganda Police Athletics Club	4:05.48
3	12	297	Muhangi	Davidson	Ntungamo	4:13.26
4	15	332	Oryema	Jonas	Uganda Para Athletics	4:13.34
5	17	427	Rasimoni	Jadid	Uganda Prisons Athletics Club	4:20.46
6	10	280	Aganyira	Brian	Masindi	4:26.03
7	5	224	Byarugaba	Derrick Myles	Kabale	4:26.86
8	13	305	Dushime	Nervy Kent	Refugees in Uganda	4:29.94
9	14	322	Alungi	Ismael	Uganda Christian University Athletics Club	4:34.42
10	7	277	Tumusiime	Gad Rauben	Makerere University Athletics Club	4:35.15
11	18	437	Namara	Godfrey	UPDF Athletics Club	4:38.00
12	6	257	Ssetyabule	Gabriel	Kids of Africa	4:53.28
13	3	264	Husayn	Bin Miradji	Makerere University Athletics Club	4:57.68
14	2	247	Weere	Godfrey	Kiboga	5:03.34
15	4	216	Otim	Andrew	Gulu	5:25.44
	1	299	Nowamani	Prince Joel	Ntungamo	DNS
	8	278	Matovu	Antonio	Makindye	DNS
	9	279	Agaba	Haruna	Masindi	DNS

1500m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	15	395	Chemutai	Silas	Uganda Prisons Athletics Club	3:47.68
2	1	204	Chelangat	Davis	Arua	3:52.00
3	16	434	Kipsisey	David	UPDF Athletics Club	3:52.26
4	14	390	Chelangat	Caleb	Uganda Prisons Athletics Club	3:52.27
5	2	208	Ategeka	Brian Adams	Evzin Athletics Club	3:57.18
6	13	389	Chelangat	Madi	Uganda Prisons Athletics Club	4:00.04
7	3	229	Ayesiga	Johnson	Kampala Kids Academy Athletics Club	4:04.67
8	4	294	Wanok	Morrison	Ndeje University Athletics Club	4:05.33
9	10	378	Tenywa	Edreen	Uganda Police Athletics Club	4:05.83
10	7	344	Chemos	Jocktan	Uganda Police Athletics Club	4:10.38
11	6	341	Chelimo	Samuel	Uganda Police Athletics Club	4:12.67
12	9	360	Kiplimo	Alex	Uganda Police Athletics Club	4:17.39
13	11	384	Ateke	Andrew	Uganda Prisons Athletics Club	4:17.92
14	5	338	Chelangat	Markos	Uganda Police Athletics Club	4:27.74
15	8	352	Cheptoyek	Brian	Uganda Police Athletics Club	4:53.06
	12	388	Chebet	Marajan	Uganda Prisons Athletics Club	DNS

1500m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	17	429	Tom	Dradriga	Uganda Prisons Athletics Club	3:41.77
2	13	408	Kiprop	Hosea	Uganda Prisons Athletics Club	3:42.43
3	14	410	Kiprotich	Sam Kapkureny	Uganda Prisons Athletics Club	3:42.99
4	16	428	Rotich	Gideon	Uganda Prisons Athletics Club	3:43.88
5	11	376	Sande	Jacob	Uganda Police Athletics Club	3:43.96
6	12	400	Comboni	Daniel	Uganda Prisons Athletics Club	3:44.58
7	15	423	Omara	Tonny	Uganda Prisons Athletics Club	3:54.95
8	9	349	Cheptoris	Dan	Uganda Police Athletics Club	4:05.52
9	10	371	Mutai	Joshua	Uganda Police Athletics Club	4:07.07
10	6	321	Salimo	Akram	Tororo	4:10.92
11	1	313	Machol	James Sunday	South Sudan	4:13.57
12	3	274	Olinga	Haron	Makerere University Athletics Club	4:15.50
13	4	307	Ndagijimana Butamenya	Antoine	Refugees in Uganda	4:17.29
14	18	436	Limo	Fred	UPDF Athletics Club	4:21.66
15	8	336	Ayeko	Jacob	Uganda Police Athletics Club	4:26.65
16	2	252	Luucky Tuggelley	Razaq	Kids of Africa	4:35.79
17	5	314	Maker	Maker Majok Mading	South Sudan	4:55.62
	7	328	Okello	Frank	Uganda Christian University Athletics Club	DNF

3000m U20

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	19	399	Cherotich	Victor	Uganda Prisons Athletics Club	7:59.79
2	17	394	Chemutai	Hosea	Uganda Prisons Athletics Club	8:02.62
3	13	361	Kiprotich	Connel	Uganda Police Athletics Club	8:04.18
4	20	411	Kituri	Levi	Uganda Prisons Athletics Club	8:05.90
5	10	353	Cherop	Samuel Simba	Uganda Police Athletics Club	8:07.80
6	6	335	Ayeko	Joshuacherop	Uganda Police Athletics Club	8:08.21
7	21	435	Kwemoi	Aggrey	UPDF Athletics Club	8:13.54
8	16	383	Arapsatya	Jabeth	Uganda Prisons Athletics Club	8:15.84
9	8	342	Chemayek	Solomon	Uganda Police Athletics Club	8:17.41
10	3	222	Kipyeko	Dan	JOCDEF Athletics Club	8:24.57
11	18	398	Cherop	Nelson	Uganda Prisons Athletics Club	8:30.44
12	1	218	Chemusto	Timothy	JOCDEF Athletics Club	8:30.77
13	12	359	Kibet	Evans	Uganda Police Athletics Club	8:30.80
14	14	364	Kwemboi	Ivan	Uganda Police Athletics Club	8:43.06
15	4	309	Arkangelo	James Longeri	South Sudan	8:49.77
16	5	316	Narolinga	Paul Lokodo Mark	South Sudan	8:50.99
17	2	221	Cherukut	Jacob	JOCDEF Athletics Club	8:56.22
18	11	455	Cherotich	Jacob	Uganda Police Athletics Club	9:03.00
19	15	370	Mugambe	Micheal	Uganda Police Athletics Club	9:18.05
20	7	340	Cheligo	Micheal	Uganda Police Athletics Club	9:36.56
21	9	348	Chemutai	Joshua	Uganda Police Athletics Club	9:48.26

5000m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	25	407	Kibet	Emmanuel	Uganda Prisons Athletics Club	13:24.76
2	24	406	Kibet	Dan	Uganda Prisons Athletics Club	13:26.59
3	21	391	Chelimo	Dolphine	Uganda Prisons Athletics Club	13:44.46
4	12	347	Chemutai	Job	Uganda Police Athletics Club	13:54.31
5	31	454	Chol	Jacob Ajang	South Sudan	14:04.87
6	27	414	Kwemboi	Ivan	Uganda Prisons Athletics Club	14:09.34
7	18	375	Rotich	Sailas	Uganda Police Athletics Club	14:09.93
8	2	219	Cherotwo	Solomon	JOCDEF Athletics Club	14:16.01
9	28	430	Yeko	Dismas	Uganda Prisons Athletics Club	14:23.75
10	14	356	Chesuro	Jabeth	Uganda Police Athletics Club	14:26.78
11	23	397	Cherop	Dominic	Uganda Prisons Athletics Club	14:30.92
12	16	367	Kwerit	Leonard	Uganda Police Athletics Club	14:33.58
13	6	310	Kuek	Abeich Akoon Wol	South Sudan	14:34.22
14	3	223	Kipyeko	David	JOCDEF Athletics Club	14:35.75
15	8	315	Makuach	Alfred Peter Gatwech	South Sudan	14:36.35
16	13	354	Cherop	Markos	Uganda Police Athletics Club	14:38.80
17	9	339	Chelegant	Ashiraf	Uganda Police Athletics Club	14:49.41
18	11	346	Chemos	Nelson	Uganda Police Athletics Club	14:51.96
19	20	386	Chebet	Aziz	Uganda Prisons Athletics Club	14:58.02
20	22	396	Cheptoyek	Boaz	Uganda Prisons Athletics Club	15:07.72
21	4	281	Mugume	Henry	Mbarara City	15:09.92
	1	324	Brackson	Bright	Uganda Christian University Athletics Club	DNS
	5	306	Munzero	Jean Claude	Refugees in Uganda	DNS
	7	312	Lokinga	William Lokoro	South Sudan	DNS

10000m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	337	Chebet	Abel	Uganda Police Athletics Club	28:36.8
2	2	258	Akampa	Seth	Kigezi High Altitude Athletics Club	29:01.8
3	10	387	Chebet	Leonard	Uganda Prisons Athletics Club	29:03.9
4	11	393	Chemutai	Jacob	Uganda Prisons Athletics Club	29:08.8
5	4	311	Lochick	Lotino Peter Akileo	South Sudan	29:45.5
6	12	441	Sande	Fred	UPDF Athletics Club	30:43.4
7	6	350	Cheptoyek	Kevin	Uganda Police Athletics Club	31:04.8
8	7	363	Komoni	Chrispus	Uganda Police Athletics Club	31:32.3
9	9	368	Mande	Martin	Uganda Police Athletics Club	33:22.1
10	3	270	Lubega	Abdul	Makerere University Athletics Club	35:24.5
	1	220	Cherukut	Aron	JOCDEF Athletics Club	DQ
	8	365	Kwemoi	Edwin	Uganda Police Athletics Club	DNS

4X100m Relay

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	379	Aboda	Emmanuel	Team Uganda A	40.10
		443	Okot	Benson		
		417	Obuto	Solomon		
		334	Adome	Pius		
2	6	403	Isabirye	Musa	Team Uganda B	41.59
		369	Masaba	Peter		
		438	Ocira	John		
		126	Imalingat	Charles		
3	3	327	Okabo	Santos	Uganda Christian University Athletics Club	41.89
		330	Okolimo	Joseph		
		325	Odongo	Dickens		
		323	Batte	Keith		
4	1	422	Okello	Charles	Uganda Prisons Athletics Club	44.44
		382	Ambayo	Fred		
		451	Obong	Emmanuel		
		415	Obaren	Aaron		
5	7	242	Kisa	Timothy	KCCA Athletics Club	44.51
		239	Kiguli	Trevor		
		237	Epodoi	Hananiah		
		240	Kirabo	Darren		
6	6	259	Kamukama	Gerald	Ntungamo	45.76
		295	Akii	Kizito		
		299	Nowamani	Prince Joel		
		130	Nahurira	Ronald		
7	5	255	Sawad	Twaha	Kids of Africa Athletics Club	46.17
		254	Raiyed	Hussein		
		249	Ijunju	Brian		
		256	Serwadda	Paul		
8	8	235	Omunyokol	Brian	Kampala Kids Academy Athletics Club	47.16
		231	Mwikiriize	Lauben		
		234	Ocira	Daniel		
		308	Okiror	Herbert		

Long Jump

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	13	422	Okello	Charles	Uganda Prisons Athletics Club	7.68
2	1	326	Ogenrwot	Churchill	Uganda Christian University Athletics Club	7.19
3	12	413	Komakech	Moses	Uganda Prisons Athletics Club	6.97
4	10	284	Emojong	Solomon Franklyn	Ndeje University Athletics Club	6.86
5	7	298	Niwagaba	Loudel	Ntungamo	6.36
6	8	215	Oroma	Paul	Gulu	6.23
7	5	205	Kibet	Jacob	Bombo SS Athletics Club	5.71
8	11	285	Lakica	Ivan	Ndeje University Athletics Club	5.54
9	4	267	Kainerugaba	Adam	Makerere University Athletics Club	5.34
10	9	227	Opio	Eric	Kampala International University Athletics Club	5.25
11	3	280	Aganyira	Brian	Masindi	5.00
	2	279	Agaba	Haruna	Masindi	DNS
	6	213	Rackara	Hassan Gracia	Gombe SSS Athletics Club	DNS

Discus Throw

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	4	381	Akena	Moses	Uganda Prisons Athletics Club	38.47
2	1	289	Obedgiu	Rogerd	Ndeje University Athletics Club	37.55
3	10	446	Tukamuheebwa	Anthony	UWA Athletics Club	36.07
4	3	373	Odong	Baya	Uganda Police Athletics Club	35.30
5	8	431	Abonga	Denisco	UPDF Athletics Club	34.09
6	2	290	Ojara	Jackson Pope	Ndeje University Athletics Club	33.41
7	7	419	Odong	Martin	Uganda Prisons Athletics Club	31.81
8	5	404	Jurugo	Samuel	Uganda Prisons Athletics Club	31.14
9	6	412	Komakech	Regan Semei	Uganda Prisons Athletics Club	28.49
10	9	442	Muhereza	Davis	UWA Athletics Club	28.18

Mixed Events

4X400m Mixed Relay

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	283	Chan Wengo	Godfrey	Team Uganda A	3:17.76
		063	Banura	Moreen		
		126	Adoli	Aron		
		084	Shida	Leni		
2	2	263	Omuka	Kenneth	Team Uganda B	3:24.07
		122	Nakaayi	Halimah		
		444	Okwii	Erick		
		051	Akwenyi	Naldine		
3	3	127	Kilama	Shafiq	Team Uganda C	3:33.99
		016	Awat	Mary		
		128	Musagala	Ronald		
		129	Nanyondo	Winnie		
4	4	380	Ajalu	Joshua	Team Uganda D	3:37.59
		098	Biryeri	Evelyn		
		452	Goni	Emmanuel		
		096	Auma	Mary		