



UGANDA ATHLETICS FEDERATION

3RD NATIONAL TRIALS RESULTS

29th March, 2025 - Mandela National Stadium

WOMEN

100m Heat 1

Wind: 0.50m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	551	Kaawa	Annamary	Old Kampala SSS	13.52
2	1	502	Asibazio	Scovia	Airforce Army SS	14.09
3	7	568	Aciro	Prisca	Uganda Para Athletics	14.56
4	4	524	Namatovu	Clare	Kampala Kids Academy Athletics Club	15.21
5	2	532	Namugambe	Angella	Kids of Africa	15.89
6	3	603	Nakalembe	Habibah	Bombo SS Athletics Club	17.46
	5	530	Akello	Victoria	Kids of Africa	DNS

100m Heat 2

Wind: 0.20m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	507	Acan	Agness	Gombe SSS Athletics Club	13.11
2	7	526	Batyo	Claire	KCCA Athletics Club	13.22
3	6	562	Akello	Molly	Uganda Christian University Athletics Club	13.41
4	1	503	Asio	Vicky	Airforce Army SS	14.15
5	5	539	Kawala	Shakira	Makindye	14.17
6	4	525	Salima	Ahmed	Kasese	14.62
	2	591	Kobusinge	Jolly Leticia	Uganda Prisons Athletics Club	DQ

100m Heat 3

Wind: 1.00m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	567	Mbwali	Bridget	Uganda Christian University Athletics Club	12.02
2	4	553	Moris	Lucia	South Sudan	12.20
3	6	592	Koli Evaline	Ocen	Uganda Prisons Athletics Club	12.34
4	2	564	Atiang	Charity Mercy	Uganda Christian University Athletics Club	12.40
5	1	512	Awat	Mary	Gombe SSS Athletics Club	12.70
6	7	585	Apio	Agnes	Uganda Prisons Athletics Club	12.73
7	8	555	Atim	Lydia	Tororo	14.36
	3	529	Otunga	Yvon	Kenya	DNS

200m Heat 1

Wind: -0.50m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	526	Batyo	Claire	KCCA Athletics Club	26.59
2	1	507	Acan	Agness	Gombe SSS Athletics Club	26.60
3	3	551	Kaawa	Annamary	Old Kampala SSS	27.08
4	6	515	Marufa	Ahmed Dafala	Gombe SSS Athletics Club	27.29
5	7	528	Joyline	Kurgat	Kenya	27.42
6	8	556	Atyang	Mary	Tororo	27.91
7	5	508	Acheng	Hafsah Akulla	Gombe SSS Athletics Club	31.46
	4	534	Abalo	Sandra	Kitgum	DNS

200m Heat 2 Wind: 1.00m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	519	Acen	Juliet Betsy	Gulu University Athletics Club	26.64
2	3	562	Akello	Molly	Uganda Christian University Athletics Club	27.53
3	4	500	Aber	Patricia Akello	Airforce Army SS	27.99
4	7	561	Loyo	Justine	Tororo	28.00
5	2	530	Akello	Victoria	Kids of Africa	30.29
	6	536	Golda	Victoria	Kitgum	DQ
	1	524	Namatovu	Clare	Kampala Kids Academy Athletics Club	DNS

200m Heat 3 Wind: 1.30m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	501	Anamu	Vicky	Airforce Army SS	26.41
2	7	552	Mbabazi	Topister Peace	Old Kampala SSS	26.51
3	6	527	Namuwonge	Jennifer	KCCA Athletics Club	26.75
4	5	510	Amuge	Mercy	Gombe SSS Athletics Club	27.59
5	8	516	Mbabazi	Jemimah	Gombe SSS Athletics Club	27.61
6	2	539	Kawala	Shakira	Makindye	28.29
7	1	525	Salima	Ahmed	Kasese	37.25

200m Heat 4 Wind: -0.20m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	573	Banura	Mauren Akiiki	Uganda Police Athletics Club	24.61
2	4	567	Mbwali	Bridget	Uganda Christian University Athletics Club	24.90
3	8	554	Akwenyi	Malvine	Tororo	25.11
4	1	512	Awat	Mary	Gombe SSS Athletics Club	25.55
5	3	564	Atiang	Charity Mercy	Uganda Christian University Athletics Club	25.62
6	2	553	Moris	Lucia	South Sudan	25.76
7	6	592	Koli Evaline	Ocen	Uganda Prisons Athletics Club	25.78
8	5	585	Apio	Agnes	Uganda Prisons Athletics Club	26.20

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	536	Golda	Victoria	Kitgum	1:00.37
2	3	515	Marufa	Ahmed Dafala	Gombe SSS Athletics Club	1:00.93
3	6	549	Awelo Mukasa	Fiona	Old Kampala SSS	1:03.91
4	5	561	Loyo	Justine	Tororo	1:05.14
5	1	568	Acio	Prisca	Uganda Para Athletics	1:05.44
6	2	508	Acheng	Hafsah Akulla	Gombe SSS Athletics Club	1:10.73

400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	552	Mbabazi	Topister Peace	Old Kampala SSS	58.50
2	4	599	Idwara	Peninah	UPDF Athletics Club	58.92
3	1	519	Acen	Juliet Betsy	Gulu University Athletics Club	59.86
4	3	514	Kobusinge	Fatuma	Gombe SSS Athletics Club	1:13.99

400m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	527	Namuwonge	Jennifer	KCCA Athletics Club	58.33
2	6	521	Apiyo	Polline	Gulu University Athletics Club	1:00.27
3	4	556	Atyang	Mary	Tororo	1:01.06
4	2	510	Amuge	Mercy	Gombe SSS Athletics Club	1:01.52
5	1	500	Aber	Patricia Akello	Airforce Army SS	1:04.69
	5	545	Gumoshabe	Rebecca	Ndejje University Athletics Club	DNS

400m Heat 4

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	554	Akwenyi	Malvine	Tororo	56.94
2	7	589	Biryeri	Evelyn	Uganda Prisons Athletics Club	57.73
3	2	501	Anamu	Vicky	Airforce Army SS	58.28
4	8	520	Amarorwot	Sharon	Gulu University Athletics Club	58.52
5	6	587	Auma	Mary	Uganda Prisons Athletics Club	58.53
6	5	518	Abeja	Dorothy	Gulu University Athletics Club	59.75
7	3	528	Joyline	Kurgat	Kenya	1:00.14
	1	529	Otunga	Yvon	Kenya	DNS

800m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	8	580	Aguyo	Judith	Uganda Prisons Athletics Club	2:21.88
2	3	537	Lakaraber	Angel	Kitgum	2:23.57
3	1	513	Kakyo	Masturah	Gombe SSS Athletics Club	2:24.09
4	6	548	Amuge	Sharon	Old Kampala SSS	2:39.32
5	7	550	Basemera	Daphine	Old Kampala SSS	2:39.52
6	2	523	Koech	Maurine	Kampala International University Athletics	2:58.80
	4	541	Acirocan	Vicky	Ndejje University Athletics Club	DNS
	5	547	Orishaba	Marvelous	Ndejje University Athletics Club	DNS

800m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	575	Shida	Leni	Uganda Police Athletics Club	2:05.08
2	3	558	Chemutai	Teddy	Tororo	2:12.11
3	6	605	Wonruku	Stella Akullu	Uganda Prisons Athletics Club	2:13.15
4	2	557	Chebet	Zumurah	Tororo	2:21.41
5	1	604	Draru	Rose	Uganda Police Athletics Club	2:26.18
6	4	559	Chemutai	Kezia	Tororo	2:33.54
	7	544	Ayozu	Grace	Ndejje University Athletics Club	DNS

1500m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	579	Aciru	Knight	Uganda Prisons Athletics Club	4:16.64
2	9	586	Apio	Elizabeth	Uganda Prisons Athletics Club	4:40.76
3	6	572	Oroma	Peace	Uganda Para Athletics	4:49.14
4	5	560	Cheptoek	Abigael	Tororo	5:27.85
5	1	504	Chelangat	Esther	Airforce Army SS	5:53.70
6	4	538	Meram	Omer	Makerere University Athletics Club	6:17.82
	3	535	Auma	Agness	Kitgum	DNF
	2	522	Ayero	Semmy	Gulu University Athletics Club	DNS

5000m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	602	Nanyondo	Winnie	UWA Athletics Club	16:37.03
2	2	506	Ninsiima	Christine	Airforce Army SS	20:38.15
3	1	505	Chelangat	Ruth	Airforce Army SS	22:21.45

4X100m Relay

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	585	Apio	Agnes	Uganda Prisons Athletics Club	49.19
		587	Auma	Mary		
		605	Wonruku	Stella Akullu		
		592	Koli Evaline	Ocen		
2	3	507	Acan	Agness	Gombe SSS Athletics Club	50.13
		512	Awat	Mary		
		516	Mbabazi	Jemimah		
		510	Amuge	Mercy		
3	1	519	Acen	Betsy	Gulu University Athletics Club	50.87
		518	Abeja	Dorothy		
		520	Amarorwot	Sharon		
		521	Apiyo	Polline		

Discus Throw

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	1	563	Anena	Kevin Prisca	Uganda Christian University Athletics Club	36.67
2	4	578	Aciro	Rosemary	Uganda Prisons Athletics Club	36.16
3	2	565	Atim	Oliver	Uganda Christian University Athletics Club	35.29
4	5	582	Alanyo	Catherine	Uganda Prisons Athletics Club	30.26
5	6	584	Amaido	Caroline	Uganda Prisons Athletics Club	29.55
6	13	594	Lamwaka	Winnifred Komakech	Uganda Prisons Athletics Club	28.83
7	14	511	Apiyo	Michelle	Gombe SSS Athletics Club	27.15
8	3	577	Acan	Janneth	Uganda Prisons Athletics Club	25.50
9	10	533	Sanyu	Emily	Kids of Africa	20.40
10	12	571	Kengonzi	Beatrice Barbra	Uganda Para Athletics	14.58
	7	597	Akello	Fiona	UPDF Athletics Club	DNS
	8	600	Odongping	Mercy Keddy	UPDF Athletics Club	DNS
	9	601	Oyella	Cavine Alice	UPDF Athletics Club	DNS
	11	543	Ajok	Teddy Goretty	Ndejje University Athletics Club	DNS

Javelin Throw

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	6	588	Awidi	Victoria	Uganda Prisons Athletics Club	46.08
2	1	593	Lakot	Scovia	Uganda Prisons Athletics Club	36.85
3	5	581	Akello	Gloria Ocen	Uganda Prisons Athletics Club	32.26
4	4	570	Anzoa	Anna Harriet	Uganda Para Athletics	25.66
	2	540	Abur	Mary	Ndejje University Athletics Club	DNS
	3	546	Lakica	Jenneth	Ndejje University Athletics Club	DNS

Long Jump

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	6	566	Atimango	Winnifred	Uganda Christian University Athletics Club	6.04
2	3	521	Apiyo	Polline	Gulu University Athletics Club	5.47
3	2	520	Amarorwot	Sharon	Gulu University Athletics Club	5.45
4	8	583	Alobo	Gladys	Uganda Prisons Athletics Club	5.25
5	10	593	Lakot	Scovia	Uganda Prisons Athletics Club	5.23
6	1	516	Mbabazi	Jemimah	Gombe SSS Athletics Club	5.17
7	4	531	Mwaka	Josephine	Kids of Africa	5.07
8	7	574	Ibida	Elizabeth	Uganda Police Athletics Club	4.55
	5	542	Adongcen	Lillian Kagwa	Ndejje University Athletics Club	DNS
	9	598	Aluk	Robina	UPDF Athletics Club	DNS

Shot Put

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	5	582	Alanyo	Catherine	Uganda Prisons Athletics Club	10.74
2	3	577	Acan	Janneth	Uganda Prisons Athletics Club	10.28
3	6	584	Amaido	Caroline	Uganda Prisons Athletics Club	10.16
4	2	565	Atim	Oliver	Uganda Christian University Athletics Club	10.08
5	1	563	Anena	Kevin Prisca	Uganda Christian University Athletics Club	9.87
6	8	600	Odongping	Mercy Keddy	UPDF Athletics Club	9.45
7	4	578	Aciro	Rosemary	Uganda Prisons Athletics Club	9.35
8	11	511	Apiyo	Michelle	Gombe SSS Athletics Club	8.47
	7	597	Akello	Fiona	UPDF Athletics Club	DNS
	9	601	Oyella	Cavine Alice	UPDF Athletics Club	DNS
	10	540	Abur	Mary	Ndejje University Athletics Club	DNS

MEN

100m Heat 1

Wind: 1.40m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	061	Omanyala	Ferdinand	Kenya	10.09
2	5	054	Babu	Meshack	Kenya	10.41
3	8	062	Omurwa	Isaac	Kenya	10.62
4	2	065	Tyson	Juma	Kenya	10.68
5	6	218	Isabirye	Musa	Uganda Prisons Athletics Club	10.80
6	3	187	Obuto	Solomon	Uganda Prisons Athletics Club	10.85
7	1	167	Peter	Masaba	Uganda Police Athletics Club	10.86
8	7	166	Ngobi	Allan	Uganda Police Athletics Club	11.14

100m Heat 2

Wind: -0.20m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	059	Koeh	Ronald Kiprono	Kenya	10.66
2	4	055	Calistus	Juma	Kenya	10.98
3	3	143	Okolimo	Joseph	Uganda Christian University Athletics Club	10.99
4	1	053	Olipa	Sharif	KCCA Athletics Club	11.01
5	2	140	Okabo	Santos	Uganda Christian University Athletics Club	11.22
6	8	138	Churchill	Ogenrwot	Uganda Christian University Athletics Club	11.62
	5	057	Isaboke	Justine Mogoi	Kenya	DQ
	7	208	Ocira	John	UPDF Athletics Club	DQ

100m Heat 3

Wind: 0.90m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	8	185	Obong	Emmanuel	Uganda Prisons Athletics Club	11.30
2	7	174	Ambayo	Fred	Uganda Prisons Athletics Club	11.37
3	3	184	Obaren	Haren	Uganda Prisons Athletics Club	11.53
4	4	035	Mwikiriize	Lauben	Kampala Kids Academy Athletics Club	11.79
5	1	005	Osuwa Gift	Michael	Airforce Army SS	12.34
6	6	117	Ogenrwot	Francis	Olympian Mutekanga Organisation (OMC)	12.50
7	5	079	Akanyijuka	Ivan	Makerere University Athletics Club	12.89
8	2	069	Kato	Albert	Kids of Africa	13.83

100m Heat 4

Wind: -0.80m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	083	Kibumba	Semei Emmanuel	Makerere University Athletics Club	11.19
2	2	205	Imalingat	Charles	UPDF Athletics Club	11.23
3	6	186	Oburu	Roger's	Uganda Prisons Athletics Club	11.89
4	4	081	Kamoga	Sidney	Makerere University Athletics Club	12.21
5	8	010	Kibet	Jacob	Bombo SS Athletics Club	12.27
6	3	038	Omunyokol	Brian	Kampala Kids Academy Athletics Club	12.36
	5	128	Ecodu	Nicholas	Tororo	DNS
	7	026	Oketayot	Stephen Issac	Gulu University Athletics Club	DNS

100m Heat 5 Wind: 0.80m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	082	Kaweesi	Francis	Makerere University Athletics Club	11.44
2	7	206	Nahurira	Ronald	UPDF Athletics Club	11.46
3	6	129	Ekisa	James	Tororo	11.59
4	1	030	Ongom	Gerald	Kampala International University Athletics	11.62
5	4	041	Isamuk	Thomas	Katakwi	11.64
6	3	003	Nyago	Rouben	Airforce Army SS	12.13
7	2	090	Kiwanuka	Ashraf	Makindye	12.84
8	8	070	Luciba	Alex	Kids of Africa	12.97

100m Heat 6 Wind: 0.10m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	101	Liay	Ayup Khoak Khor	Ndejje University Athletics Club	11.38
2	8	133	Omoket	Isaac	Tororo	12.56
3	1	037	Ocira	Daniel	Kampala Kids Academy Athletics Club	12.66
4	5	085	Nyaoke	Dylan Amuka	Makerere University Athletics Club	12.85
5	6	130	Gidongo	Timothy	Tororo	12.89
	3	008	Batal	Moses	Bombo SS Athletics Club	DNS
	4	043	Aidan	Marcelle	KCCA Athletics Club	DNS
	7	060	Mandu	Kevin Kisaka	Kenya	DNS

100m Heat 7 Wind: 0.40m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	102	Mukasa	Vincent	Ndejje University Athletics Club	10.91
2	1	044	Burke	Levy Neil Obadiiah Kagino	KCCA Athletics Club	11.60
3	5	088	Semwanga	Terry	Makerere University Athletics Club	11.80
4	7	121	Okiror	Herbert	Soroti City	11.91
5	6	131	Luomo	Isaac	Tororo	12.66
6	3	011	Kiyemba	Joseph	Bombo SS Athletics Club	12.90
	4	051	Kitiibwa	Arnold	KCCA Athletics Club	DNS
	8	147	Kainerugaba	Adam	Uganda Para Athletics	DNS

100m Heat 8 Wind: 1.80m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	063	Sabila	Elkana Kiprotich	Kenya	10.72
2	2	103	Musinguzi	Davis	Ndejje University Athletics Club	11.47
3	1	046	Epodoi	Hananiah	KCCA Athletics Club	11.82
4	8	149	Masisa	Fred	Uganda Para Athletics	12.32
5	5	091	Muloki	Elvis	Makindye	12.93
6	3	014	Kabuye	Moses	Gombe SSS Athletics Club	13.22
	6	132	Okoro	Jovine	Tororo	DNS

100m Heat 9 Wind: 0.10m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	139	Odongo	Dickens	Uganda Christian University Athletics Club	11.22
2	1	047	Gwedda	Nahum	KCCA Athletics Club	12.14
3	4	068	Jjunju	Brian	Kids of Africa	12.23
4	2	113	Obok	James	Old Kampala SSS	12.43
5	3	015	Kazora	Eriah	Gombe SSS Athletics Club	12.47
6	7	152	Onega	Daniel Rwothomiyo	Uganda Para Athletics	12.91
7	5	092	Musasizi	Trevor	Makindye	14.44

100m Heat 10 Wind: -0.10m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	049	Kirabo	Darren Luke Ogwang	KCCA Athletics Club	11.98
2	7	154	Rubangakene	Brian	Uganda Para Athletics	12.17
3	6	141	Okello	Moses	Uganda Christian University Athletics Club	12.33
4	4	073	Omaruk	Joshua	Kids of Africa	12.37
5	2	118	Kasagga	Rashid	Paralympics committee	13.13
6	5	094	Mwanje	Muhammad	Makindye	13.26
	3	016	Ocanya	Joel Francis	Gombe SSS Athletics Club	DNS

100m Heat 11 Wind: 1.80m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	019	Canogura	Phillip	Gulu City	11.37
2	5	095	Ssemanda	Harman	Makindye	11.58
3	2	159	Asobola	Emmanuel	Uganda Police Athletics Club	11.78
4	6	144	Owiny-Dollo	James	Uganda Christian University Athletics Club	11.88
5	1	050	Kisa	Timothy Gurion	KCCA Athletics Club	11.89
6	4	074	Raiyed	Hussein	Kids of Africa	12.71
7	7	156	Wokorach	Geoffrey Oloya	Uganda Para Athletics	13.36

100m Heat 12 Wind: 1.40m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	169	Abila	Hendry	Uganda Prisons Athletics Club	11.23
2	6	163	Kakande	Ruddy Kawooya	Uganda Police Athletics Club	11.84
3	5	112	Kwizermana	Shaban	Old Kampala SSS	12.18
4	3	021	Rubangakene	Emma Mugisha	Gulu City	12.38
5	4	078	Sentaayi	Eric	Luwero	12.77
6	8	126	Wandera	Denis	Tela Field Club	13.27
7	1	067	Bogere	Jacob	Kids of Africa	13.59
	7	007	Akisadi	Sulaiman	Bombo SS Athletics Club	DNS

200m Heat 1 Wind:1.10m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	058	Kevin	Kipkorir	Kenya	20.85
2	6	059	Koech	Ronald Kiprono	Kenya	20.95
3	4	056	Chege	Samuel	Kenya	21.36
4	5	170	Aboda	Emmanuel	Uganda Prisons Athletics Club	21.40
5	3	214	Okot	Benson	UWA Athletics Club	21.63
6	8	158	Adome	Pius	Uganda Police Athletics Club	21.71
7	2	055	Calistus	Juma	Kenya	22.07
8	1	208	Ocira	John	UPDF Athletics Club	22.47

200m Heat 2 Wind:1.50m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	063	Sabila	Elkana Kiprotich	Kenya	21.43
2	3	137	Batte	Keith	Uganda Christian University Athletics Club	22.75
3	1	162	Jagalo	Joshua	Uganda Police Athletics Club	22.97
4	7	174	Ambayo	Fred	Uganda Prisons Athletics Club	23.32
5	2	087	Omollo	Innocent	Makerere University Athletics Club	24.27
6	8	200	Oyir-Rwot	Jacob	Uganda Prisons Athletics Club	26.40
	4	132	Okoro	Jovine	Tororo	DQ
	6	117	Ogenrwot	Francis	Olympian Mutekanga Organisation (OMC)	DNS

200m Heat 3 Wind:-0.70m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	206	Nahurira	Ronald	UPDF Athletics Club	23.20
2	1	045	Emukurait	Bram	KCCA Athletics Club	24.46
3	3	014	Kabuye	Moses	Gombe SSS Athletics Club	26.82
4	6	094	Mwanje	Muhammad	Makindye	26.94
	5	079	Akanyijuka	Ivan	Makerere University Athletics Club	DQ
	2	135	Otibska	Afizu	UAFA Athletics Club	DNS
	4	041	Isamuk	Thomas	Katakwi	DNS
	8	517	Rackara	Hassan Gracious	Gombe SSS Athletics Club	DNS

200m Heat 4 Wind:-0.30m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	204	Ariti	James	UPDF Athletics Club	22.10
2	8	139	Odongo	Dickens	Uganda Christian University Athletics Club	22.36
3	7	095	Ssemanda	Harman	Makindye	23.30
4	5	043	Aidan	Marcelle	KCCA Athletics Club	24.65
5	6	081	Kamoga	Sidney	Makerere University Athletics Club	24.78
6	4	015	Kazora	Eriah	Gombe SSS Athletics Club	24.89
7	1	076	Serwadda	Paul	Kids of Africa	25.34
8	3	011	Kiyemba	Joseph	Bombo SS Athletics Club	26.63

200m Heat 5 Wind: 2.10m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	211	Onencan	Brian	UPDF Athletics Club	22.39
2	6	082	Kaweesi	Francis	Makerere University Athletics Club	23.71
3	4	038	Omunyokol	Brian	Kampala Kids Academy Athletics Club	24.21
4	7	112	Kwizermana	Shaban	Old Kampala SSS	24.24
5	1	084	Nyanzi	Tebi	Makerere University Athletics Club	24.61
6	8	141	Okello	Moses	Uganda Christian University Athletics Club	24.91
	3	016	Ocanya	Joel Francis	Gombe SSS Athletics Club	DNS
	5	051	Kitiibwa	Arnold	KCCA Athletics Club	DNS

200m Heat 6 Wind: 0.40m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	019	Canogura	Phillip	Gulu City	22.77
2	1	048	Kiguli	Trevor Understone	KCCA Athletics Club	23.20
3	8	144	Owiny-Dollo	James	Uganda Christian University Athletics Club	23.94
4	2	020	Otim	David Berkham	Gulu City	24.20
5	5	078	Sentaayi	Eric	Luwero	24.46
6	4	068	Jjunju	Brian	Kids of Africa	24.97
7	6	085	Nyaoke	Dylan Amuka	Makerere University Athletics Club	26.41
	7	128	Ecodu	Nicholas	Tororo	DNS

200m Heat 7 Wind: 0.90m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	129	Ekisa	James	Tororo	23.70
2	2	003	Nyago	Rouben	Airforce Army SS	23.84
3	8	163	Kakande	Ruddy Kawooya	Uganda Police Athletics Club	24.02
4	5	088	Semwanga	Terry	Makerere University Athletics Club	24.45
5	3	021	Rubangakene	Emma Mugisha	Gulu City	24.56
6	4	073	Omaruk	Joshua	Kids of Africa	24.95
7	1	072	Mutumba	Andrew	Kids of Africa	25.67
8	6	092	Musasizi	Trevor	Makindye	30.01

Wind: 1.30m/s

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	035	Mwikiriize	Lauben	Kampala Kids Academy Athletics Club	23.56
2	1	114	Wananda	Earnest	Old Kampala SSS	23.76
3	8	186	Oburu	Roger's	Uganda Prisons Athletics Club	23.79
4	4	074	Raiyed	Hussein	Kids of Africa	25.14
5	7	131	Luomo	Isaac	Tororo	26.17
6	6	130	Gidongo	Timothy	Tororo	26.53
7	5	091	Muloki	Elvis	Makindye	26.64
	2	008	Batal	Moses	Bombo SS Athletics Club	DNS

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	8	058	Kevin	Kipkorir	Kenya	45.66
2	3	171	Adoli	Haron	Uganda Prisons Athletics Club	46.08
3	4	025	Nyeko	Johnson	Gulu University Athletics Club	47.71
4	4	157	Adilu	Francis	Uganda Police Athletics Club	47.91
5	7	143	Okolimo	Joseph	Uganda Christian University Athletics Club	47.95
6	6	012	Nzikwinkunda	Eric	Burundi	48.52
7	1	124	Riiny	Riiny Karkon Ngot	South Sudan	51.53
	2	060	Mandu	Kevin Kisaka	Kenya	DNS

400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	6	204	Ariti	James	UPDF Athletics Club	48.17
2	7	211	Onencan	Brian	UPDF Athletics Club	48.52
3	3	179	Goni	Emmanuel	Uganda Prisons Athletics Club	49.06
4	2	172	Ajalu	Joshua	Uganda Prisons Athletics Club	50.04
5	4	048	Kiguli	Trevor Understone	KCCA Athletics Club	51.83
6	1	123	Deng	Kuol	South Sudan	53.38
7	5	087	Omollo	Innocent	Makerere University Athletics Club	53.73

400m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	210	Olum	Peter John	UPDF Athletics Club	50.42
2	1	146	Kaddu	Venswa	Uganda Para Athletics	53.23
3	6	072	Mutumba	Andrew	Kids of Africa	56.89
4	3	156	Wokorach	Geoffrey Oloya	Uganda Para Athletics	57.15
5	2	150	Matsiko	Murray Ofumbi	Uganda Para Athletics	1:03.10
	4	200	Oyir-Rwot	Jacob	Uganda Prisons Athletics Club	DQ

400m Heat 4

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	2	114	Wananda	Earnest	Old Kampala SSS	51.27
2	1	034	Labeja	Patrick	Kampala Kids Academy Athletics Club	52.22
3	4	121	Okiror	Herbert	Soroti City	53.20
4	6	149	Masisa	Fred	Uganda Para Athletics	57.38
5	3	036	Ntambi	Ernest	Kampala Kids Academy Athletics Club	59.86
	5	135	Otihska	Afizu	UAFA Athletics Club	DNS

400m Heat 5

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	3	154	Rubangakene	Brian	Uganda Para Athletics	53.30
2	1	196	Omogin	Joel	Uganda Prisons Athletics Club	54.29
3	2	152	Onega	Daniel Rwothomiyo	Uganda Para Athletics	55.32
4	6	145	Jimmy	Innocent	Uganda Para Athletics	55.59
	3	137	Batte	Keith	Uganda Christian University Athletics Club	DNS

800m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	7	108	Onegiu	Jimmy Jasper	Ndejje University Athletics Club	1:53.05
2	1	004	Omara	Raymond	Airforce Army SS	1:53.70
3	4	052	Naturinda	Mubarakah	KCCA Athletics Club	1:55.99
4	2	023	Farang	Issah	Gulu University Athletics Club	1:59.35
5	6	097	Aganyira	Brian	Masindi	2:07.64
6	8	191	Odongo	Moris	Uganda Prisons Athletics Club	2:08.76
7	3	032	Alekete	Stephen	Kampala Kids Academy Athletics Club	2:16.91
	5	075	Sawad	Twaha	Kids of Africa	DQ

800m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	5	077	Lukwiya	Mathew	Kitgum	2:00.68
2	1	022	Rwotokonya	Emmanuel	Gulu City	2:02.68
3	4	071	Lucky Tuggeley	Razaq	Kids of Africa	2:04.85
4	3	039	Sande	Herbert Lema	Kampala Kids Academy Athletics Club	2:05.16
5	2	029	Ndibailawa	Jamiru	Kampala International University Athletics	2:07.14
6	7	111	Kawewa	Emmanuel	Old Kampala SSS	2:17.95
	6	106	Ogiki	Simon Reagan	Ndejje University Athletics Club	DNS
	8	202	Wandera	Derick	Uganda Prisons Athletics Club	DNS

800m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	29	209	Ogwang	Solomon	UPDF Athletics Club	1:53.34
2	24	188	Ocen	Robin	Uganda Prisons Athletics Club	1:54.41
3	16	127	Cheptai	Wadil	Tororo	1:56.43
4	31	576	Tenywa	Edreen	Uganda Police Athletics Club	1:57.33
5	17	142	Okello	Frank	Uganda Christian University Athletics Club	2:00.47
6	15	125	Salih	Mohamed	South Sudan	2:01.70
7	20	168	Solimo	Jophisan	Uganda Police Athletics Club	2:09.33

800m Heat 4

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	160	Chemos	Ezekiel	Uganda Police Athletics Club	1:46.81
2	8	212	Kirano	Shafiq	UWA Athletics Club	1:46.82
3	4	178	Erimu	Kokas	Uganda Prisons Athletics Club	1:47.67
4	2	161	Cheptoyek	Nicholas	Uganda Police Athletics Club	1:47.89
5	6	192	Ogwal	Samuel	Uganda Prisons Athletics Club	1:49.27
6	5	181	Kiprotich	Sam Kapkureny	Uganda Prisons Athletics Club	1:50.45
7	7	198	Ongee	Felix Ouma	Uganda Prisons Athletics Club	1:52.34
8	3	175	Apenyo	Bekele	Uganda Prisons Athletics Club	1:56.21

1500m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	16	195	Omara	Tonny	Uganda Prisons Athletics Club	3:46.57
2	2	033	Ayesiga	Johnson	Kampala Kids Academy Athletics Club	4:03.48
3	1	018	Acire	Nicholas	Gulu City	4:04.41
4	14	176	Ateke	Andrew	Uganda Prisons Athletics Club	4:15.06
5	11	151	Musau	Nasur	Uganda Para Athletics	4:18.28
6	5	086	Olinga	Haron	Makerere University Athletics Club	4:20.72
7	7	115	Karumu	Selevester	Olympian Mutekanga Organisation (OMC)	4:22.62
8	3	042	Munyambabazi	Innocent	Katrico Athletics Club	4:27.49
9	8	120	Dushime	Nervy Kent	Refugees in Uganda	4:29.37
10	13	164	Kayumba	Emmanuel	Uganda Police Athletics Club	4:29.54
11	17	207	Namara	Godfrey	UPDF Athletics Club	4:34.40
12	10	136	Alungi	Ismael	Uganda Christian University Athletics Club	4:39.17
13	4	080	Husayn	Bin Miradji	Makerere University Athletics Club	4:42.06
14	12	155	Tumusiime	Gad Rauben	Uganda Para Athletics	4:43.22
15	18	610	Abigaba	Godfrey	Masters	4:54.92
	6	100	Kiplangat	Esau	Ndejje University Athletics Club	DNS
	9	134	Salimo	Akram	Tororo	DNS
	15	193	Okello	Benson	Uganda Prisons Athletics Club	DNS

1500m Wheel Chair

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	119	Ocira	Richard	Paralympics committee	4:02.05
2	3	221	Mubiru	Kevin	Paralympics committee	5:12.71
3	2	220	Mugabe	Brian	Paralympics committee	5:12.96

5000m

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	15	183	Niwemusinguzi	Daniel	Uganda Prisons Athletics Club	14:29.77
2	11	122	Chol Ajang	Jacob	South Sudan	14:35.65
3	17	216	Wabutwa	Farid	UWA Athletics Club	14:40.46
4	14	177	Comboni	Daniel	Uganda Prisons Athletics Club	14:48.87
5	5	040	Keino	Sammy Kangogo	Kapchorwa	15:13.58
6	16	201	Wana Hannington	Brian	Uganda Prisons Athletics Club	15:15.15
7	3	001	Ayiko	Felix	Airforce Army SS	15:20.49
8	18	153	Oryema	Jonas	Uganda Para Athletics	15:26.74
9	10	116	Mugisa	Reagan	Olympian Mutekanga Organisation (OMC)	15:54.09
10	4	028	Byarugaba	Derrick	Kabale	16:11.59
11	12	148	Lubega	Abdul	Uganda Para Athletics	17:32.07
	6	066	Weere	Godfrey	Kiboga	DNF
	7	093	Mutaawe	Ahamed	Makindye	DNF

4X100m Relay

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	4	057	Isaboke	Justine Mogoi	Kenya A	39.50
		062	Omurwa	Isaac		
		054	Babu	Meshack		
		061	Omanyala	Ferdinand		
2	6	065	Tyson	Juma	Kenya B	40.18
		058	Kevin	Kipkorir		
		056	Chege	Samuel		
		063	Sabila	Elkana Kiprotich		
3	5	218	Isabirye	Musa	Team Uganda A	40.21
		158	Adome	Pius		
		214	Okot	Benson		
		170	Aboda	Emmanuel		
4	2	140	Okabo	Santos	UCU	42.25
		143	Okolimo	Joseph		
		137	Batte	Keith		
		139	Odongo	Dickens		
5	7	167	masaba	Peter	Uganda Police Athletics Club	43.35
		162	Jagalo	Joshua		
		223	Oroma	Williamson		
		224	Wanume	Yahaya		
6	3	166	Ngobi	Allan	Team Uganda B	44.68
		187	Obuto	Solomon		
		205	Imalingat	Charles		
		053	Olipa	Shariff		
7	8	185	Obong	Emmanuel	Prisons	46.25
		174	Ambayo	Fred		
		184	Obaren	Aaron		
		169	Abila	Hendry		

Discus Throw

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	2	173	Akena	Moses	Uganda Prisons Athletics Club	38.25
2	5	215	Tukamuheebwa	Anthony	UWA Athletics Club	37.69
3	8	189	Oceng	Moses Jinaro	Uganda Prisons Athletics Club	36.66
4	7	107	Ojara	Jackson Pope	Ndejje University Athletics Club	36.06
5	9	190	Odong	Martin	Uganda Prisons Athletics Club	34.62
6	11	203	Abonga	Denisco	UPDF Athletics Club	34.27
7	4	213	Muhereza	Davis	UWA Athletics Club	28.81
8	6	199	Otwal	Mark	Uganda Prisons Athletics Club	27.71
	1	105	Obedgiu	Rogers	Ndejje University Athletics Club	DNS
	3	182	Mwaka	Johnson	Uganda Prisons Athletics Club	DNS
	10	197	Onencan	Bob	Uganda Prisons Athletics Club	DNS

long Jump

Pos	Bib No.	Bib No.	Surname	Given Name	Club/Association	Distance
1	5	064	Too	Edwin Kipmutai	Kenya	7.55
2	8	194	Okello	Charles	Uganda Prisons Athletics Club	7.28
3	15	138	Churchill	Ogenrwot	Uganda Christian University Athletics Club	6.95
4	17	020	Otim	David Berkham	Gulu City	6.95
5	13	070	Luciba	Alex	Kids of Africa	5.92
6	19	517	Rackara	Hassan Gracious	Gombe SSS Athletics Club	5.68
7	11	010	Kibet	Jacob	Bombo SS Athletics Club	5.50
8	18	150	Matsiko	Murray Ofumbi	Uganda Para Athletics	5.24
9	14	133	Omoket	Isaac	Tororo	4.97
10	16	147	Kainerugaba	Adam	Uganda Para Athletics	4.85
11	9	217	Nsiro	Ikonde	Wakiso	4.55
12	4	031	Opio	Eric	Kampala International University Athletics	4.42

Short Put

Pos	Order	Bib No.	Surname	Given Name	Club/Association	Distance
1	5	190	Odong	Martin	Uganda Prisons Athletics Club	12.91
2	4	189	Oceng	Moses Jinaro	Uganda Prisons Athletics Club	12.63
3	3	107	Ojara	Jackson Pope	Ndejje University Athletics Club	11.75
4	1	024	Nokrach	Alfred	Gulu University Athletics Club	11.74
5	6	197	Onencan	Bob	Uganda Prisons Athletics Club	10.43
6	2	180	Jurugo	Samuel	Uganda Prisons Athletics Club	10.41
7	7	203	Abonga	Denisco	UPDF Athletics Club	10.30
8	8	017	Rupiny	Solomon	Gombe SSS Athletics Club	8.48

Mixed Events

4X400m Relay

Pos	Lane	Bib No.	Surname	Given Name	Club/Association	Time
1	1	222	Chan Wengo	Godfrey	Team Uganda A	3:18.85
		573	Banura	Moureen		
		171	Adoli	Haron		
		575	Leni	Shida		
2	3	225	Omuka	Kenneth	Team Uganda B	3:25.98
		602	Nanyondo	Winnie		
		025	Nyeko	Johnson		
		554	Akwenyi	Malvine		
3	2	198	Ongee	Felix Ouma	Uganda Prisons Athletics Club	3:27.25
		605	Wonruku	Stella Akullu		
		178	Erimu	Kokas		
		589	Biryeri	Eveline		