



UGANDA ATHLETICS FEDERATION

6TH NATIONAL TRIALS RESULTS

10th May, 2025-Mandela National Stadium

Women

100m Heat 1

Wind:+0.2m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	522	Akoth	Innocent	Tororo	13.99
2	3	513	Kawala	Shakira	Makindye	14.23
3	1	506	Akello	Victoria	Kids of Africa	14.72
	2	508	Namegambe	Angella	Kids of Africa	DQ
	4	519	Awelo Mukasa	Fiiona	Old Kampala SSS	DNS
	6	566	Auma	Mary	Uganda Prisons Athletics Club	DNS
	7	591	Cherotichi	Scovia	Uganda Para Athletics	DNS

100m Heat 2

Wind:+0.2m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	530	Mbwali	Bridget	Uganda Christian University Athletics Club	12.23
2	6	579	Koli	Evaline Ocen	Uganda Prisons Athletics Club	12.27
3	2	527	Atiang	Charity Mercy	Uganda Christian University Athletics Club	12.37
4	4	565	Apio	Agness	Uganda Prisons Athletics Club	12.60
5	7	567	Auma	Esther	Uganda Prisons Athletics Club	12.96
6	1	514	Kobusinge	Salama	Nalinya Lwantale SS Athletics Club	13.23
7	3	590	Anguparu	Pamela	UWA Athletics Club	13.47
8	8	524	Apoko	Winnie	Tororo	14.22

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	505	Namuwonge	Janipher	KCCA Athletics Club	57.10
2	3	531	Suubi	Denise Ntege	Uganda Christian University Athletics Club	57.82
3	5	561	Aguyo	Judith	Uganda Prisons Athletics Club	58.80
4	4	558	Draru	Rose	Uganda Police Athletics Club	59.44
5	2	516	Acirocan	Vicky	Ndejje University Athletics Club	60.65

400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	4	523	Akwenyi	Malvine	Tororo	55.27
2	3	566	Auma	Mary	Uganda Prisons Athletics Club	55.91
3	6	589	Akullu	Monica	UWA Athletics Club	56.09
4	7	588	Akello	Priscilla	UWA Athletics Club	57.26
5	5	569	Biryeri	Evelyn	Uganda Prisons Athletics Club	57.53
	2	520	Mbabazi Topister	Peace	Old Kampala SSS	DNS

800m

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	2	510	Chebet	Maureen	Kween	2:05.85
2	7	571	Chekwemioi	Brenda	Uganda Prisons Athletics Club	2:08.31
3	8	582	Nabulo	Sarah Khafu	Uganda Prisons Athletics Club	2:09.51
4	3	535	Apio	Elizabeth	Uganda Prisons Athletics Club	2:13.75
5	1	507	Ijorea	Margret	Kids of Africa	2:14.27
6	5	545	Chelangat	Sylvia	Uganda Police Athletics Club	2:19.02
7	4	541	Chebet	Deborah	Uganda Police Athletics Club	2:30.78
	6	550	Chemutai	Nelly	Uganda Police Athletics Club	DNS

1500m

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	11	548	Chemutai	Scalet	Uganda Police Athletics Club	4:13.24
2	15	557	Yeko	Bentalin	Uganda Police Athletics Club	4:13.97
3	18	586	Chepkwuri	Nancy	UPDF Athletics Club	4:15.42
4	13	552	Cherop	Patience	Uganda Police Athletics Club	4:22.15
5	4	504	Cherotwo	Baskline	JOCDEF Athletics Club	4:23.05
6	10	547	Chemutai	Peace Hope	Uganda Police Athletics Club	4:36.42
7	14	554	Cherop	Ruth Kipsang	Uganda Police Athletics Club	4:37.44
8	9	544	Chekwemioi	Abigael	Uganda Police Athletics Club	4:45.37
9	12	551	Chemutai	Febia	Uganda Police Athletics Club	4:47.60
10	16	573	Chemutai	Shendrine	Uganda Prisons Athletics Club	4:49.37
11	2	502	Cheptoyek	Kerine	Bukwo	4:51.09
12	17	577	Cherotich	Jael	Uganda Prisons Athletics Club	5:04.97
13	1	501	Chepkwemioi	Kereen	Bukwo	5:07.00
14	3	503	Adoc	Lodia	Divine Athletics Club	5:25.19
15	5	525	Cheptok	Abigael	Tororo	5:32.07
16	7	534	Ilalo	Monica	Uganda Para Athletics	5:50.03
17	6	533	Ayo	Lydia	Uganda Para Athletics	7:13.08
	8	539	Chebet	Miracle	Uganda Police Athletics Club	DNS

5000m

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	11	553	Cherop	Risper	Uganda Police Athletics Club	15:50.06
2	19	587	Cherop	Kerine	UPDF Athletics Club	15:51.72
3	10	549	Chemutai	Martha	Uganda Police Athletics Club	15:51.88
4	4	537	Chebet	Keziah	Uganda Police Athletics Club	15:57.30
5	5	538	Chebet	Isella	Uganda Police Athletics Club	16:04.13
6	7	542	Chekwemioi	Financia	Uganda Police Athletics Club	16:06.36
7	17	578	Cheruto	Nowel	Uganda Prisons Athletics Club	16:12.42
8	14	572	Chelimo	Kereen	Uganda Prisons Athletics Club	16:36.34
9	6	540	Chebet	Goria	Uganda Police Athletics Club	16:48.13
10	15	575	Chepkwemioi	Ruth	Uganda Prisons Athletics Club	16:57.92
11	9	546	Chelimo	Edith	Uganda Police Athletics Club	17:08.94
12	16	576	Chepkwemioi	Priscilla	Uganda Prisons Athletics Club	17:23.25
13	12	555	Cherotich	Recho	Uganda Police Athletics Club	18:31.98
14	18	581	Mande	Rebecca	Uganda Prisons Athletics Club	18:35.92
15	13	570	Chebet	Risper	Uganda Prisons Athletics Club	19:03.80
	1	511	Candiru	Otensia	Makerere University Athletics Club	DNF
	3	536	Chebet	Peace	Uganda Police Athletics Club	DNF
	8	543	Chekwemioi	Felister	Uganda Police Athletics Club	DNF
	2	512	Meram	Omer	Makerere University Athletics Club	DNS

Javelin Throw

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	2	556	Lalam	Josephine Joyce	Uganda Police Athletics Club	49.65
2	3	518	Lakica	Jenneth	Ndejje University Athletics Club	42.87
3	5	562	Akello	Gloria Ocen	Uganda Prisons Athletics Club	35.46
4	4	515	Abur	Mary	Ndejje University Athletics Club	34.78
5	6	524	Apoko	Winnie	Tororo	33.60
6	1	521	Kabasinguzi	Beatrice	Tela Field Club	25.05

Long Jump

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	2	529	Atimango	Winnifred	Uganda Christian University Athletics Club	5.64
2	1	517	Adongcen	Lillian	Ndejje University Athletics Club	5.32
3	4	580	Lakot	Scovia	Uganda Prisons Athletics Club	5.25
4	3	532	Waaku	Prisca	Uganda Christian University Athletics Club	4.30

Shot Put

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	2	559	Acan	Janneth	Uganda Prisons Athletics Club	11.63
2	5	563	Alanyo	Catherine	Uganda Prisons Athletics Club	11.47
3	7	528	Atim	Oliver	Uganda Christian University Athletics Club	10.18
4	8	568	Awidi	Victoria	Uganda Prisons Athletics Club	10.04
5	6	564	Amado	Caroline	Uganda Prisons Athletics Club	9.89
6	1	515	Abur	Mary	Ndejje University Athletics Club	9.74
7	3	560	Aciro	Rose Mary	Uganda Prisons Athletics Club	9.36
8	9	509	Sanyu	Emily	Kids of Africa	7.53
9	4	562	Akello	Gloria Ocen	Uganda Prisons Athletics Club	7.49

Men

200m Heat 1

Wind: +2.8m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	158	Ambayo	Fred	Uganda Prisons Athletics Club	23.11
2	1	001	Nyago	Rouben	Airforce Army SS	23.78
3	4	092	Kideganono	Lawrence	Uganda Christian University Athletics Club	23.94
4	2	042	Gwedda	Nahum	KCCA Athletics Club	24.03
5	8	011	Otim	David Berkham	Gulu City	24.32
6	3	055	Serwadda	Paul	Kids of Africa	24.77
7	6	039	Ndiwolye	Nifu	Kampala Kids Academy Athletics Club	25.03
8	7	103	Kaggwa	Simon Peter	Uganda Para Athletics	30.03

200m Heat 2

Wind: +0.7m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	4	094	Odong	Dickens	Uganda Christian University Athletics Club	22.28
2	5	212	Onyanga	Isaac	UPDF Athletics Club	23.21
3	3	058	Kaweesi	Francis	Makerere University Athletics Club	23.57
4	6	044	Kisa	Timothy	KCCA Athletics Club	24.36
5	2	045	Marcelle	Aidan	KCCA Athletics Club	24.71
7	1	036	Ogal	Amos	Kampala Kids Academy Athletics Club	25.76
8	8	049	Luciba	Alex	Kids of Africa	25.76
	7	107	Mugula	Julius	Uganda Para Athletics	DNS

200m Heat 3

Wind: +0.3m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	004	Bwambale	Joshua	Divine Athletics Club	22.63
2	4	213	Wakilo	Denis	UPDF Athletics Club	23.02
3	5	052	Omaruk	Joshua	Kids of Africa	23.94
4	3	096	Okello	Moses	Uganda Christian University Athletics Club	24.21
5	7	087	Omoket	Isaac	Tororo	25.75
6	2	046	Sseninde	Joel	Kenya	25.91
7	6	196	Oyirwoth	Jacob	Uganda Prisons Athletics Club	26.09

200m Heat 4

Wind: +1.8m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	065	Ssemanda	Harman	Makindye	23.11
2	8	220	Maknot	Boniface	Tororo	23.64
3	4	113	Asobola	Emmanuel	Uganda Police Athletics Club	23.92
4	1	012	Rubangakene	Emma Mugisha	Gulu City	24.33
5	6	060	Nyanzi	Tebi	Makerere University Athletics Club	24.75
6	5	216	Muhwezi	Abraham Lincoln	UWA Athletics Club	25.22
7	7	201	Wandera	Derick	Uganda Prisons Athletics Club	25.91
8	2	047	Bogere	Jacob	Kids of Africa	27.45

200m Heat 5

Wind: -0.4m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	7	186	Oburu	Rogers	Uganda Prisons Athletics Club	23.55
2	1	034	Ongom	Gerald	Kampala International University Athletics Club	23.55
3	4	140	Kakande	Ruddy Kawooya	Uganda Police Athletics Club	23.77
4	5	006	Ocom	Maxwell	Divine Athletics Club	24.02
5	2	048	Jjunju	Brian	Kids of Africa	24.74
6	6	066	Ssendagala	Julius	Makindye	26.14
7	3	084	Wandera	Denis	Tela Field Club	26.80

200m Heat 6

Wind: -0.8m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	008	Okidi	Denish	Divine Athletics Club	23.78
2	3	085	Ecodu	Nicholas	Tororo	24.13
3	1	041	Epodoi	Hananiah	KCCA Athletics Club	24.55
4	2	053	Raiyed	Hussein	Kids of Africa	25.13
5	6	099	Otibaka	Afizu	Uganda Christian University Athletics Club	26.16
6	7	002	Okello	Erasmus	Amuria	26.73
	4	156	Ajalu	Joshua	Uganda Prisons Athletics Club	DQ

200m Heat 7

Wind: -0.4m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	8	221	Thiet	Deng Malek	South Sudan	21.82
2	7	218	Opio	Denis	UWA Athletics Club	22.26
3	6	185	Obaren	Aaron	Uganda Prisons Athletics Club	22.35
4	1	007	Ogwang	Alzira Sadida	Divine Athletics Club	22.77
5	5	086	Ekisa	James	Tororo	22.88
6	2	043	Kiguli	Trevor	KCCA Athletics Club	22.92
7	4	074	Mukasa	Vincent	Ndejje University Athletics Club	23.67
8	3	062	Omollo	Innocent	Makerere University Athletics Club	24.11

200m Heat 8

Wind: +1.3m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	6	155	Aboda	Emmanuel	Uganda Prisons Athletics Club	21.10
2	4	217	Okot	Benson	UWA Athletics Club	21.33
3	5	112	Adome	Pius	Uganda Police Athletics Club	21.42
4	7	172	Isabirye	Musa	Uganda Prisons Athletics Club	21.49
5	2	151	Ngobi	Allan	Uganda Police Athletics Club	21.64
6	3	097	Okolimo	Joseph	Uganda Christian University Athletics Club	21.74
7	8	187	Obuto	Solomon	Uganda Prisons Athletics Club	22.01
	1	063	Omuka	Kenneth	Makerere University Athletics Club	DNS

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	4	205	Eragu	Joseph	UPDF Athletics Club	49.41
2	5	008	Okidi	Denish	Divine Athletics Club	50.94
3	1	005	Mutu	Allan	Divine Athletics Club	51.88
4	3	108	Musau	Nasur	Uganda Para Athletics	53.63
5	6	052	Omaruk	Joshua	Kids of Africa	55.17
6	8	196	Oyirwoth	Jacob	Uganda Prisons Athletics Club	56.67
7	2	051	Mutumba	Andrew William	Kids of Africa	57.12
8	7	099	Otibaka	Afizu	Uganda Christian University Athletics Club	58.58

400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	4	210	Ogwang	Solomon	UPDF Athletics Club	50.07
2	2	077	Wananda	Earnest	Old Kampala SSS	51.06
3	1	033	Ogwal	Denis	Kampala International University Athletics Club	52.57
4	3	111	Rubangakene	Brian	Uganda Para Athletics	53.29
5	8	201	Wandera	Derick	Uganda Prisons Athletics Club	56.43
6	6	060	Nyanzi	Tebi	Makerere University Athletics Club	57.20
7	7	103	Kaggwa	Simon Peter	Uganda Para Athletics	70.62
	5	039	Ndiwolye	Nifu	Kampala Kids Academy Athletics Club	DNS

400m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	2	100	Tusherure	Turyatunga	Uganda Christian University Athletics Club	51.90
2	4	006	Ocom	Maxwell	Divine Athletics Club	52.20
3	3	194	Omogin	Joel	Uganda Prisons Athletics Club	54.13
4	6	066	Ssendagala	Julius	Makindye	56.54
5	7	107	Mugula	Julius	Uganda Para Athletics	59.62
6	1	038	Kuc	Okot Emna	Kampala Kids Academy Athletics Club	59.74
	5	044	Kisa	Timothy	KCCA Athletics Club	DNS

400m Heat 4

Pos		Bib No.	Surname	Given Name	Affiliation	Time
1	4	063	Omuka	Kenneth	Makerere University Athletics Club	47.01
2	5	016	Nyeko	Johnson	Gulu University Athletics Club	47.38
3	7	203	Ariti	James	UPDF Athletics Club	48.03
4	8	211	Onencan	Brian	UPDF Athletics Club	48.66
5	1	010	Odong	Innocent	Gulu City	48.84
6	6	170	Goni	Emmanuel	Uganda Prisons Athletics Club	49.14
7	3	091	Batte	Keith	Uganda Christian University Athletics Club	49.34
8	2	080	Okiror	Herbert	Soroti City	52.75

800m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	056	Chekwech	Timothy	Kween	1:53.00
2	7	191	Oketcho	John	Uganda Prisons Athletics Club	1:55.09
3	4	081	Abdallah	Simon	South Sudan	1:55.13
4	6	188	Ocen	Robin	Uganda Prisons Athletics Club	1:57.00
5	5	082	Osman	Ali	South Sudan	1:58.23
6	6	121	Chelimo	Samuel	Uganda Police Athletics Club	2:02.54
7	8	195	Otucu	Emmanuel	Uganda Prisons Athletics Club	2:04.44
8	7	192	Okullo	Musa	Uganda Prisons Athletics Club	2:06.10
9	2	067	Aganyira	Brian	Masindi	2:08.43
10	5	116	Chebet	Lucious	Uganda Police Athletics Club	2:08.65
	3	076	Kawewa	Emmanuel	Old Kampala SSS	DNS

800m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	124	Chemos	Ezekiel	Uganda Police Athletics Club	1:47.83
2	5	133	Cheptoyek	Nicholas	Uganda Police Athletics Club	1:48.12
3	6	171	Erimu	Kokas	Uganda Prisons Athletics Club	1:48.48
4	1	015	Farahan	Issa	Gulu University Athletics Club	1:54.59
5	4	132	Cheptoris	Dan	Uganda Police Athletics Club	1:56.00
6	2	083	Salih	Mohamed	South Sudan	1:57.31
7	8	054	Sawad	Twaha	Kids of Africa	2:08.29
8	7	040	Sande	Herbert Lema	Kampala Kids Academy Athletics Club	2:12.03
9	7	035	Alekete	Stephen	Kampala Kids Academy Athletics Club	2:13.50
	8	050	Lucky Tuggeley	Razaq	Kids of Africa	DNS

1500m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	11	214	Krop	Domenic	UWA Athletics Club	3:42.16
2	13	193	Omara	Tonny	Uganda Prisons Athletics Club	3:43.82
3	9	176	Kiprop	Hosea	Uganda Prisons Athletics Club	3:44.24
4	14	198	Rotich	Gideo	Uganda Prisons Athletics Club	3:46.30
5	10	177	Kiprotich	Sam Kapkureny	Uganda Prisons Athletics Club	3:46.82
6	18	224	Chelangat	Davis	Uganda Prisons Athletics Club	3:50.66
7	16	219	Wabutwa	Farid	UWA Athletics Club	3:51.00
8	15	088	Salimo	Akram	Tororo	3:55.33
9	4	164	Chelangat	Caleb	Uganda Prisons Athletics Club	3:57.94
10	2	019	Chebet	Isaiah	JOCDEF Athletics Club	3:59.15
11	5	126	Chemos	Nelson	Uganda Police Athletics Club	4:05.08
12	12	146	Kwemoi	Abraham	Uganda Police Athletics Club	4:05.60
13	6	130	Chemutai	Levi	Uganda Police Athletics Club	4:15.98
14	17	090	Alungi	Ismael	Uganda Christian University Athletics Club	4:26.57
	1	114	Ayeko	Jacob	Uganda Police Athletics Club	DNS
	3	117	Chebet	Caleb	Uganda Police Athletics Club	DNS
	7	135	Cherop	Markos	Uganda Police Athletics Club	DNS
	8	137	Cherotich	Timothy	Uganda Police Athletics Club	DNS

1500m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	7	131	Chepkwuri	Joshua	Uganda Police Athletics Club	4:00.14
2	8	166	Cheptoyek	Boaz	Uganda Prisons Athletics Club	4:04.15
3	15	031	Ndibailawa	Jamiru	Kampala International University Athletics Club	4:06.24
4	5	127	Chemos	Jacktan	Uganda Police Athletics Club	4:07.38
5	9	102	Emong	David	Uganda Para Athletics	4:08.11
6	2	161	Bosha	Ryan	Uganda Prisons Athletics Club	4:10.33
7	3	029	Byarugaba	Derrick Myles	Kabale	4:10.46
8	17	069	Twinamatsiko	Brian	Mbarara City	4:14.57
9	16	197	Rasimoni	Jadid	Uganda Prisons Athletics Club	4:15.86
10	13	148	Mande	Mathew	Uganda Police Athletics Club	4:18.88
11	6	128	Chemusto	Meshak	Uganda Police Athletics Club	4:21.66
12	11	105	Kibet	Jeremiah	Uganda Para Athletics	4:28.02
13	10	078	Gebreyesus	Yohanes Abraham	Refugees in Uganda	4:36.93
14	18	223	Tumusiime	Gad Rauben	Uganda Para Athletics	4:37.77
	1	160	Ateke	Andrew	Uganda Prisons Athletics Club	DNS
	4	120	Chelangat	Markos	Uganda Police Athletics Club	DNS
	12	144	Kissa	Ivan	Uganda Police Athletics Club	DNS
	14	028	Musobo	Deogratius	JOCDEF Athletics Club	DNS

1500m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	17	227	Chemutai	Silas	Uganda Prisons Athletics Club	3:45.76
2	2	009	Brhane	Gebrebrhan	Eritrea	3:48.96
3	5	022	Chemusto	Timothy	JOCDEF Athletics Club	3:50.32
4	1	037	Ayesiga	Johnson	Kampala Kids Academy Athletics Club	3:59.23
5	8	025	Cherukut	Jacob	JOCDEF Athletics Club	4:09.35
6	9	070	Etabu	Simon Peter	Ndejje University Athletics Club	4:09.73
7	11	174	Kiplimo	Daniel	Uganda Prisons Athletics Club	4:14.55
8	10	079	Ghebramlak	Samuel Habtay	Refugees in Uganda	4:16.15
9	3	118	Chebet	Elisha	Uganda Police Athletics Club	4:17.04
10	6	023	Chemutai	Calvin	JOCDEF Athletics Club	4:22.99
11	15	061	Olinga	Haron	Makerere University Athletics Club	4:25.80
12	14	208	Namara	Godfrey	UPDF Athletics Club	4:28.05
13	16	017	Tumuhise	Jethro	Iganga Town View Athletics Club	4:36.76
14	13	106	Mugoya	Moses	Uganda Para Athletics	5:44.04
	4	122	Chelogoi	Michael	Uganda Police Athletics Club	DNS
	7	134	Cheptoyek	Brian	Uganda Police Athletics Club	DNS
	12	207	Limo	Fred	UPDF Athletics Club	DNS

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	109	Ocira	Richard	Uganda Para Athletics	4:09.04

5000m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	24	202	Yeko	Sam	Uganda Prisons Athletics Club	14:07.46
2	21	115	Ayeko	Joshua Cherop	Uganda Police Athletics Club	14:19.64
3	11	167	Cherop	Nelson	Uganda Prisons Athletics Club	14:22.48
4	7	139	Chesuro	Jabeth	Uganda Police Athletics Club	14:24.17
5	8	142	Kiprotich	Connel	Uganda Police Athletics Club	14:31.49
6	14	184	Niwemusinguzi	Daniel	Uganda Prisons Athletics Club	14:35.42
7	12	169	Cherop	Eluid	Uganda Prisons Athletics Club	14:44.37
8	5	119	Chelangat	Ashiraf	Uganda Police Athletics Club	14:48.73
9	16	204	Chelimo	Calvin	UPDF Athletics Club	14:51.08
10	9	145	Komom	Chrispus	Uganda Police Athletics Club	15:01.29
11	10	149	Masai	Denis	Uganda Police Athletics Club	15:21.74
12	26	239	Kwemboi	Ivan	Uganda Police Athletics Club	15:28.64
13	23	150	Mugambe	Micheal Junior	Uganda Police Athletics Club	15:37.02
14	4	110	Opio	Daniel	Uganda Para Athletics	18:39.58
	13	181	Kituri	Levi	Uganda Prisons Athletics Club	DQ
	3	095	Okello	Frank	Uganda Christian University Athletics Club	DNF
	6	125	Chemos	Mudafar	Uganda Police Athletics Club	DNF
	15	200	Tukamushaba	Ronald	Uganda Prisons Athletics Club	DNF
	17	030	Kateregga	Akram	Kampala International University Athletics Club	DNF
	18	068	Nabende	Patrick	Mbale	DNF
	19	093	Mugoda	James	Uganda Christian University Athletics Club	DNF
	22	141	Kayumba	Emmanuel	Uganda Police Athletics Club	DNF
	1	064	Okello	Willy	Makindye	DNS
	2	072	Kule	Jockus	Ndejje University Athletics Club	DNS
	25	206	Kusuro	Keneth	UPDF Athletics Club	DNS

5000m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	13	129	Chemutai	Job	Uganda Police Athletics Club	13:46.26
2	5	153	Rotich	Sailas	Uganda Police Athletics Club	13:46.52
3	18	162	Chebet	Leonard	Uganda Prisons Athletics Club	13:47.47
4	22	178	Kiprotich	Ivan	Uganda Prisons Athletics Club	13:49.21
5	6	159	Arapsatya	Jabeth	Uganda Prisons Athletics Club	13:50.14
6	14	138	Cherotich	Jacob	Uganda Police Athletics Club	14:00.46
7	23	182	Kwemboi	Ivan	Uganda Prisons Athletics Club	14:01.17
8	11	026	Kipyeko	Dan	JOCDEF Athletics Club	14:14.96
9	20	168	Cherop	Dominic	Uganda Prisons Athletics Club	14:17.33
10	2	024	Cherotwo	Solomon	JOCDEF Athletics Club	14:20.98
11	21	173	Kibet	Kevin	Uganda Prisons Athletics Club	14:22.35
12	3	027	Kipyeko	David	JOCDEF Athletics Club	14:30.92
13	9	179	Kipsang	David	Uganda Prisons Athletics Club	14:31.45
14	1	020	Chebet	Abel	JOCDEF Athletics Club	14:35.69
15	12	123	Chemayek	Solomon	Uganda Police Athletics Club	14:37.34
16	8	175	Kiprop	Daniel	Uganda Prisons Athletics Club	14:40.45
17	7	163	Chebet	Aziz	Uganda Prisons Athletics Club	14:46.70
18	10	021	Chelimo	Kevin	JOCDEF Athletics Club	14:46.93
19	19	165	Chemonges	Abraham Robert	Uganda Prisons Athletics Club	14:46.94
20	16	147	Kwerit	Leonard	Uganda Police Athletics Club	14:53.66
21	15	143	Kipsuro	Jacob	Uganda Police Athletics Club	15:12.48
	4	136	Cherop	Alex	Uganda Police Athletics Club	DNS
	17	154	Siya	Hudaisa	Uganda Police Athletics Club	DNS
	24	199	Sande	Jeremiah	Uganda Prisons Athletics Club	DNS

Discus Throw

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	3	157	Akena	Moses	Uganda Prisons Athletics Club	39.75
2	5	189	Oceng	Moses Jinaro	Uganda Prisons Athletics Club	37.32
3	2	152	Odong	Baya	Uganda Police Athletics Club	36.66
4	6	190	Odong	Martin	Uganda Prisons Athletics Club	35.39
5	1	014	Watmon	Jordan William	Gulu City	34.76
6	4	183	Mwaka	Johnson	Uganda Prisons Athletics Club	31.94
7	7	215	Muhereza	Davis	UWA Athletics Club	31.46

Javelin Throw

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	3	098	Onapa	Robinson	Uganda Christian University Athletics Club	46.94
2	6	002	Okello	Erasmus	Amuria	41.96
3	2	018	Obura	Richard	Inzikuru Sports Academy	40.09
4	1	003	Kwemoi	Paul	Bukwo	37.70
5	5	104	Kainerugaba	Adam	Uganda Para Athletics	34.80
	4	186	Oburu	Rogers	Uganda Prisons Athletics Club	DNS

Long Jump

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	7	011	Otim	David Berkham	Gulu City	7.24
2	4	073	Liay	Ayup Khoak Khor	Ndejje University Athletics Club	7.03
3	5	075	Yikii	Jimmy	Ndejje University Athletics Club	6.75
4	8	049	Luciba	Alex	Kids of Africa	5.92
5	3	071	Kahuma	Christopher	Ndejje University Athletics Club	5.81
6	1	032	Obwana	William	Kampala International University Athletics Club	5.79
7	10	220	Maknot	Boniface	Tororo	5.66
8	6	089	Wamono	Fred David	Tororo	5.62
9	9	087	Omoket	Isaac	Tororo	5.27
10	2	057	Akanyijuka	Ivan	Makerere University Athletics Club	4.50

4X100m Relay

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	155	Aboda	Emmanuel	Uganda Team A	40.29
		217	Okot	Benson		
		172	Isabirye	Musa		
		112	Adome	Pius		
2	1	187	Obuto	Solomon	Uganda Team B	41.23
		151	Ngobi	Allan		
		231	Imalingat	Charles		
		229	Masaba	Peter		
3	4	091	Batte	Keith	Uganda Christian University Athletics Club A	41.91
		097	Okolimo	Joseph		
		236	Olipa	Sharif		
		094	Odong	Dickens		
4	8	212	Onyanga	Isaac	UPDF Athletics Club	43.46
		211	Onencan	Brian		
		010	Odong	Innocent		
		213	Wakilo	Denis		
5	5	004	Bwambale	Joshua	Apac	44.79
		005	Mutu	Allan		
		007	Ogwang	Alzira Sadida		
		008	Okidi	Denish		
6	7	230	Otieno	Glenn	Uganda Christian University Athletics Club B	44.82
		238	Ogenrwot	Churchill		
		237	Okello	Darius		
		092	Kidegando	Lawrence		
7	6	048	Jjunju	Brian	Kids of Africa	47.32
		051	Mutumba	Andrew William		
		055	Serwadda	Paul		
		052	Omaruk	Joshua		
	2	158	Ambayo	Fred	Uganda Prisons Athletics Club	DNF
		156	Ajalu	Joshua		
		170	Goni	Emmanuel		
		185	Obaren	Aaron		