



7TH NATIONAL TRIALS RESULTS
24TH MAY, 2025-Mandela National stadium

Women

200m Heat 1 Wind: +2.8m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	1	Asibazio	Scovia	Airforce Army SS	26.99
2	1	10	Agoa	Nancy	Gombe SSS Athletics Club	27.06
3	6	35	Asimasia	Queen Cathrine	Terego	27.19
4	4	74	Asio	Vicky	Airforce Army SS	27.55
5	7	38	Akoth	Innocent	Tororo	28.03
6	2	40	Apoko	Winnie	Tororo	28.50
7	5	28	Kabasinguzi	Monica	Nalinya Lwantale SS Athletics Club	29.71
8	8	50	Sanctuary	Reigns	Uganda Christian University Athletics Club	31.37

200m Heat 2 Wind: +1.6m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	6	37	Ademun	Lydia	Tororo	26.65
2	1	15	Marufa	Ahmed Dafala	Gombe SSS Athletics Club	26.71
3	5	29	Kobusinge	Salama	Nalinya Lwantale SS Athletics Club	26.80
4	4	26	Pangasia	Christine	Maracha	27.36
5	7	46	Akello	Molly	Uganda Christian University Athletics Club	27.60
6	8	70	Angwech	Jackline	Divine Athletics Club	27.83
7	3	16	Ziadah	Muhammad	Gombe SSS Athletics Club	29.47
	2	17	Nakato	Mbabazi Jemima	Gombe SSS Athletics Club	DNS

200m Heat 3 Wind: +0.5m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	13	Awat	Mary	Gombe SSS Athletics Club	24.72
2	6	39	Akwenyi	Malvine	Tororo	25.09
3	2	21	Namuwonge	Janipher	KCCA Athletics Club	26.39
4	4	20	Batyo	Claire	KCCA Athletics Club	26.40
5	5	36	Asinduru	Brenda	Terego	27.44
6	1	41	Atyang	Mary	Tororo	27.83
7	8	18	Kobusingye	Fatuma	Gombe SSS Athletics Club	31.23
	7	71	Auma	Esther	Uganda Prisons Athletics Club	DQ

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	4	57	Aguyo	Judith	Uganda Prisons Athletics Club	57.09
2	8	21	Namuwonge	Janipher	KCCA Athletics Club	57.59
3	7	51	Suubi	Denise Nrege	Uganda Christian University Athletics Club	57.88
4	3	7	Apoko	Mary	Divine Athletics Club	59.67
5	6	15	Marufa	Ahmed Dafala	Gombe SSS Athletics Club	59.68
6	1	11	Amuge	Mercy	Gombe SSS Athletics Club	59.75
7	5	10	Agoa	Nancy	Gombe SSS Athletics Club	61.87
	2	4	Desire	Josephine	Arua City	DQ

400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	73	Auma	Mary	Uganda Prisons Athletics Club	55.63
2	6	67	Akullu	Monica	UWA Athletics Club	56.01
3	5	61	Biryeri	Evelyn	Uganda Prisons Athletics Club	56.29
4	7	13	Awat	Mary	Gombe SSS Athletics Club	56.78
5	4	63	Wonruku	Stella Akullu	Uganda Prisons Athletics Club	56.84
6	1	31	Acirocan	Vicky	Ndeje University Athletics Club	58.61
7	2	53	Draru	Rose	Uganda Police Athletics Club	59.02
8	8	75	Aber	Patricia	Airforce Army SS	64.27



800m

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	6	43	Chemutai	Teddy	Tororo	2:07.33
2	8	62	Nabulo	Sarah Khafu	Uganda Prisons Athletics Club	2:09.01
3	3	22	Ijorea	Margret	Kids of Africa	2:11.93
4	5	42	Chebet	Zumurah	Tororo	2:12.61
5	4	33	Oroma	Peace	Paralympics committee	2:16.47
6	7	59	Akello	Agness	Uganda Prisons Athletics Club	2:24.10
7	2	14	Kakyo	Masturah	Gombe SSS Athletics Club	2:24.65
8	1	3	Sitaku	Monica	Arua	2:37.27
	7	45	Cheptook	Abigael	Tororo	DNS
	8	68	Chebet	Sarah	UWA Athletics Club	DNS

1500m

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	4	69	Chesang	Ndiwa Priscah	UWA Athletics Club	4:47.29
2	3	25	Kawala	Shakira	Makindye	5:14.86
3	1	2	Ninsiima	Christine	Airforce Army SS	5:23.44
	2	5	Adoc	Lodia	Divine Athletics Club	DNS
	4	27	Gimbo	Madina	Nalinya Lwantale SS Athletics Club	DNS

4x100m Relay

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	590	Atiang	Charity Mary	Uganda Christian University Athletics Club	49.85
		49	Atimango	Winnifred		
		46	Akello	Molly		
		52	Waaku	Prisca		
2	2	11	Amuge	Mercy	Gombe SSS Athletics Club	50.92
		4	Desire	Josephine		
		15	Marufa	Ahmed Dafala		
		17	Nakato	Mbabazi Jemima		
3	1	70	Angwech	Jackline	Divine Athletics Club	55.28
		72	Ninsima	Christine		
		7	Apoko	Mary		
		6	Aziyo	Milka		

Discus Throw

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	6	47	Anena	Kevin Prisca	Uganda Christian University Athletics Club	39.85
2	1	54	Lalam	Josephine Joyce	Uganda Police Athletics Club	39.13
3	8	56	Aciro	Rose Mary	Uganda Prisons Athletics Club	35.86
4	9	60	Alanyo	Catherine	Uganda Prisons Athletics Club	33.06
5	7	48	Atim	Oliver	Uganda Christian University Athletics Club	32.77
6	2	55	Acan	Janneth	Uganda Prisons Athletics Club	31.75
7	4	12	Apiyo	Michelle	Gombe SSS Athletics Club	30.25
8	3	9	Acan	Agness	Gombe SSS Athletics Club	28.52
	5	23	Sanyu	Emily	Kids of Africa	DNS

Javelin Throw

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	8	54	Lalam	Josephine Joyce	Uganda Police Athletics Club	51.90
2	2	32	Lakica	Jenneth	Ndejje University Athletics Club	43.79
3	10	64	Adong	Domidy	UPDF Athletics Club	39.14
4	7	49	Atimango	Winnifred	Uganda Christian University Athletics Club	37.88
5	6	40	Apoko	Winnie	Tororo	36.98
6	4	58	Akello	Gloria Ocen	Uganda Prisons Athletics Club	34.09
7	9	55	Acan	Janneth	Uganda Prisons Athletics Club	28.59
8	3	34	Kabasinguzi	Beatrice	Tela Field Club	20.90
	1	30	Abur	Mary	Ndejje University Athletics Club	DNS
	5	65	Akello	Fiona	UPDF Athletics Club	DNS

Long Jump

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	1	49	Atimango	Winnifred	Uganda Christian University Athletics Club	5.86
2	2	64	Adong	Domidy	UPDF Athletics Club	5.28
3	6	17	Nakato	Mbabazi Jemima	Gombe SSS Athletics Club	5.15
4	3	52	Waaku	Prisca	Uganda Christian University Athletics Club	4.90
5	5	11	Amuge	Mercy	Gombe SSS Athletics Club	4.84
6	7	41	Atyang	Mary	Tororo	4.72
	4	66	Akulu	Robinah	UPDF Athletics Club	DNS



Men

100m Heat 1 Wind : -0.7m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	7	594	Kakande	Kenneth	Nakawa	11.67
2	4	552	Gwedda	Nahum	KCCA Athletics Club	11.86
3	6	581	Ssemwanga	Terry	Makerere University Athletics Club	12.02
4	5	561	Jjunju	Brian	Kids of Africa	12.05
5	8	622	Ekea	Michael	Tororo	12.46
	1	515	Ocom	Maxwell	Divine Athletics Club	DNS
	2	638	Tusherure	Turyatunga	Uganda Christian University Athletics Club	DNS
	3	509	Munguleni	Deogracious	Arua City	DNS

100m Heat 2 Wind : -0.3m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	7	595	Mukasa	Vincent	Ndejje University Athletics Club	11.14
2	5	553	Kiguli	Trevor	KCCA Athletics Club	11.51
3	1	665	Oburu	Rogers	Uganda Prisons Athletics Club	11.77
4	3	624	Maknot	Boniface	Tororo	11.91
5	6	562	Kibirige	John	Kids of Africa	12.66
	2	518	Okidi	Denish	Divine Athletics Club	DNS
	4	517	Ogwang	Alzira Sadida	Divine Athletics Club	DNS

100m Heat 3 Wind : +1.9m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	623	Ekisa	James	Tororo	11.24
2	2	679	Eling	Denish	UPDF Athletics Club	11.73
3	6	554	Kirabo	Darren	KCCA Athletics Club	11.98
4	4	625	Omoker	Isaac	Tororo	12.70
5	5	521	Kabuye	Moses	Gombe SSS Athletics Club	12.79
6	8	585	Musasizi	Trevor	Makindye	13.71
	3	520	Oyugi	Donald	Divine Athletics Club	DNS
	7	573	Hussein	Said	Makerere University Athletics Club	DNS

100m Heat 4 Wind : +0.2m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	611	Abur	Abraham Abur	South Sudan	11.05
2	2	555	Kitibwa	Arnold	KCCA Athletics Club	11.33
3	7	685	Wakilo	Denis	UPDF Athletics Club	11.41
4	1	544	Mwikiriize	Lauben	Kampala Kids Academy Athletics Club	11.76
5	3	574	Kibumba	Semei Emmanuel	Makerere University Athletics Club	11.78
6	8	601	Ankomishan	Simon Tonny	Olympian Mutekanga Organisation (OMO)	11.79
7	6	634	Okello	Moses	Uganda Christian University Athletics Club	12.08
8	4	586	Mwanje	Muhammad	Makindye	12.85

100m Heat 5 Wind : +3.9m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	7	612	Malek	Thiep Deng	South Sudan	10.97
2	4	558	Kisa	Timothy	KCCA Athletics Club	11.57
3	1	523	Ocanya	Joel	Gombe SSS Athletics Club	11.68
4	8	637	Owiny-Dollo	James	Uganda Christian University Athletics Club	11.69
5	2	503	Nyago	Rouben	Airforce Army SS	11.74
6	3	547	Omuyokol	Brian	Kampala Kids Academy Athletics Club	11.83
	5	575	Mayambala	Shakibu	Makerere University Athletics Club	DQ
	6	588	Sewanonad	Hamfrey	Makindye	DQ

100m Heat 6 Wind : +1.0m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	7	632	Odongo	Dickens	Uganda Christian University Athletics Club	11.02
2	1	664	Obaren	Aaron	Uganda Prisons Athletics Club	11.32
3	6	511	Bwambale	Joshua	Divine Athletics Club	11.48
4	8	681	Naulele	Nathan	UPDF Athletics Club	11.69
5	2	566	Omaruk	Joshua	Kids of Africa	11.91
6	4	550	Emukurait	Bram	KCCA Athletics Club	12.02
7	3	506	Osuwa Gift	Michael	Airforce Army SS	12.66
8	5	559	Ahimbisibwe	Lamech	Kids of Africa	14.65



100m Heat 7 Wind : 0.2m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	551	Epodoi	Hananiah	KCCA Athletics Club	11.71
2	8	646	Kakande	Ruddy Kawooya	Uganda Police Athletics Club	11.85
3	6	593	Abudurahuman	Abuya	Mbarara	12.09
4	5	578	Nyanzi	Tebi	Makerere University Athletics Club	12.14
5	7	619	Wandera	Denis	Tela Field Club	12.87
6	4	560	Bogere	Jacob	Kids of Africa	13.28
	1	602	Kirunda	John Speke	Olympian Mutekanga Organisation (OMO)	DNS
	2	507	Okello	Erasmus	Amuria	DNS

100m Heat 8 Wind : +2.1m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	569	Freza	Yokwe Joseph	Koboko	11.14
2	2	589	Ssemanda	Harman	Makindye	11.14
3	3	644	Asobola	Emmanuel	Uganda Police Athletics Club	11.57
4	4	618	Mugabe	Robert	Tela Field Club	12.05
5	7	519	Opwonya	John Speke	Divine Athletics Club	12.52
6	1	522	Kato	Sulaiman	Gombe SSS Athletics Club	12.83
7	6	526	Tinkamanyire	Innocent	Gombe SSS Athletics Club	12.86

100m Heat 9 Wind : +0.4m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	633	Okabo	Santos	Uganda Christian University Athletics Club	10.97
2	1	691	Opio	Denis	UWA Athletics Club	11.20
3	8	577	Modi	Shedrick	Makerere University Athletics Club	11.43
4	7	645	Jagalo	Joshua	Uganda Police Athletics Club	11.43
5	6	621	Osuta	Dison	Terego	11.48
6	3	657	Ambayo	Fred	Uganda Prisons Athletics Club	11.50
7	4	630	Ogenrwot	Churchill	Uganda Christian University Athletics Club	11.65
8	2	546	Ociru	Daniel	Kampala Kids Academy Athletics Club	12.55

100m Heat 10 Wind : +1.4m/s

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	6	654	Aboda	Emmanuel	Uganda Prisons Athletics Club	10.55
2	5	660	Isabirye	Musa	Uganda Prisons Athletics Club	10.69
3	3	643	Adome	Pius	Uganda Police Athletics Club	10.72
4	4	688	Okot	Benson	UWA Athletics Club	10.75
5	1	557	Olipa	Sharif	KCCA Athletics Club	10.88
6	7	647	Masaba	Peter	Uganda Police Athletics Club	10.90
7	2	580	Omuka	Kenneth	Makerere University Athletics Club	10.96
8	8	649	Ngobi	Allan	Uganda Police Athletics Club	11.03

400mH

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	3	684	Onencan	Brian	UPDF Athletics Club	58.29
2	1	655	Ajalu	Joshua	Uganda Prisons Athletics Club	59.95
3	2	661	Kennedy	Onen	Uganda Prisons Athletics Club	60.36
4	5	657	Ambayo	Fred	Uganda Prisons Athletics Club	63.43
5	6	672	Ongee	Felix Ouma	Uganda Prisons Athletics Club	67.98
	4	528	Odong	Innocent	Gulu City	DNS

400m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	528	Odong	Innocent	Gulu City	49.19
2	6	621	Osuta	Dison	Terego	49.74
3	4	545	Ndiwolye	Nifu	Kampala Kids Academy Athletics Club	49.75
4	7	600	Wananda	Earnest	Old Kampala SSS	50.57
5	1	511	Bwambale	Joshua	Divine Athletics Club	50.69
6	3	603	Muhimbo	Duncan	Olympian Mutekanga Organisation (OMO)	53.79
7	2	522	Kato	Sulaiman	Gombe SSS Athletics Club	68.33
	8	590	Ssendagala	Julius	Makindye	DNS



400m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	680	Eragu	Joseph	UPDF Athletics Club	49.77
2	3	514	Mutu	Allan	Divine Athletics Club	52.80
3	4	523	Ocanya	Joel	Gombe SSS Athletics Club	54.33
4	6	566	Omaruk	Joshua	Kids of Africa	56.45
5	7	675	Oyirwoth	Jacob	Uganda Prisons Athletics Club	56.67
6	8	526	Tinkamanyire	Innocent	Gombe SSS Athletics Club	58.22
	2	602	Kirunda	John Speke	Olympian Mutekanga Organisation (OMO)	DNS
	5	539	Ogwal	Denis	Kampala International University Athletics Club	DNS

400m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	627	Okello	Darius	Tuku Afrika Athletics Club	51.49
2	8	638	Tusherure	Turyatunga	Uganda Christian University Athletics Club	51.69
3	2	576	Mdroimana Ahmed	Inzoudine	Makerere University Athletics Club	52.95
4	6	670	Omongin	Joel	Uganda Prisons Athletics Club	53.29
5	1	686	Eriau	Rashid	UWA Athletics Club	53.32
6	3	565	Mutumba	Andrew	Kids of Africa	55.97
	4	515	Ocom	Maxwell	Divine Athletics Club	DNS
	7	520	Oyugi	Donald	Divine Athletics Club	DNS

400m Heat 4

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	5	689	Okwii	Erick	UWA Athletics Club	47.02
2	4	635	Okolimo	Joseph	Uganda Christian University Athletics Club	47.88
3	3	532	Nyeko	Johnson	Gulu University Athletics Club	48.14
4	6	672	Ongee	Felix Ouma	Uganda Prisons Athletics Club	48.36
5	7	690	Opiny	Leonard	UWA Athletics Club	48.41
6	2	678	Ariti	James	UPDF Athletics Club	48.47
7	8	620	Ayikoeora	Ivan	Terego	49.89
8	1	629	Batte	Keith	Uganda Christian University Athletics Club	50.45

800m Heat 1

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	505	Omara	Raymond	Airforce Army SS	1:51.79
2	8	44	Cheptai	Wadil	Tororo	1:57.72
3	7	626	Togo	Juma	Tororo	2:01.18
4	5	568	Tuggelley Lucky	Razaq	Kids of Africa	2:03.56
5	2	533	Bizike	Ayubu	Iganga Town View Athletics Club	2:04.84
6	6	591	Aganyira	Brian	Masindi	2:07.43
7	4	549	Sande	Herbert Lema	Kampala Kids Academy Athletics Club	2:07.88
8	5	563	Lugolobi Drake	Julius	Kids of Africa	2:11.62
9	3	540	Alekete	Stephen	Kampala Kids Academy Athletics Club	2:14.16
10	6	599	Kawewa	Emmanuel	Old Kampala SSS	2:15.69
	7	676	Solimo	Jophisan	Uganda Prisons Athletics Club	DNS
	8	542	Kuc	Okot Emmanuel	Kampala Kids Academy Athletics Club	DNS

800m Heat 2

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	7	604	Murungi	Shafick	Olympian Mutekanga Organisation (OMO)	1:54.20
2	4	556	Naturinda	Mubarakah	KCCA Athletics Club	1:55.24
3	8	669	Oketcho	John	Uganda Prisons Athletics Club	1:56.19
4	8	613	Osman	Ali	South Sudan	1:56.63
5	7	598	Alak Michael	Chol	Ntungamo	1:57.96
6	2	538	Ndbailawa	Jamiru	Kampala International University Athletics Club	2:01.22
7	1	530	Rwotokonya	Emmanuel	Gulu City	2:04.03
8	6	695	Okullo	Musa	Uganda Prisons Athletics Club	2:04.35
9	6	582	Ssozi	Sufiyan	Makerere University Athletics Club	2:11.50
10	3	548	Peko	Gerald	Kampala Kids Academy Athletics Club	2:13.01
11	5	567	Ssetyabule	Gabriel	Kids of Africa	2:13.88



800m Heat 3

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	6	668	Ogwal	Samuel	Uganda Prisons Athletics Club	1:49.21
2	4	658	Apenyo	Bekele	Uganda Prisons Athletics Club	1:51.22
3	3	683	Ogwang	Solomon	UPDF Athletics Club	1:52.52
4	8	610	Abdallah	Simon	South Sudan	1:54.14
5	7	614	Salih	Mohamed	South Sudan	1:55.39
6	1	527	Farahan	Issa	Gulu City	1:56.77
7	7	653	Tenywa	Edreen	Uganda Police Athletics Club	1:57.81
8	5	693	Khalid	Safi	Yumbe	1:59.91
9	8	652	Osuje	Emmanuel	Uganda Police Athletics Club	2:00.87
10	2	667	Odongo	Moris	Uganda Prisons Athletics Club	2:01.79

1500m

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	20	687	Musagala	Ronald	UWA Athletics Club	3:49.64
2	21	692	Wabutwa	Farid	UWA Athletics Club	3:50.16
3	6	541	Ayesiga	Johnson	Kampala Kids Academy Athletics Club	3:56.35
4	15	608	Nduwimana	Joel	Refugees in Uganda	4:02.66
5	19	641	Oryema	Jonas	Uganda Para Athletics	4:06.15
6	14	607	Ndagijimana	Butamenya Antoine	Refugees in Uganda	4:06.39
7	18	639	Emong	David	Uganda Para Athletics	4:10.47
8	3	534	Byarugaba	Derrick	Kabale	4:13.48
9	1	504	Odongo	Hosborn	Airforce Army SS	4:15.86
10	5	537	Kinyera	Dickens	Kampala International University Athletics Club	4:15.88
11	10	579	Olinga	Haron	Makerere University Athletics Club	4:21.93
12	17	628	Alungi	Ismael	Uganda Christian University Athletics Club	4:24.03
13	4	536	Kateregga	Akram	Kampala International University Athletics Club	4:28.30
14	13	606	Dushime	Nervy Kent	Refugees in Uganda	4:28.31
15	8	570	Akanyijuka	Ivan	Makerere University Athletics Club	4:50.45
16	16	609	Niyomwungere	Willy	Refugees in Uganda	4:53.13
17	9	572	Husayn	Bin Miradji	Makerere University Athletics Club	4:54.43
18	11	587	Sendagala	Julius	Makindye	5:00.01
19	22	584	Muloki	Elvis	Makindye	5:01.80
	12	592	Nabaasa	Mathias	Masindi	DNF
	2	508	Alema	Brian	Arua City	DNS
	7	543	Labeja	Patrick	Kampala Kids Academy Athletics Club	DNS

5000m

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	6	605	Mwanguhya	Emmanuel	Olympian Mutekanga Organisation (OMO)	16:08.00
2	7	648	Mugambe	Michael Junior	Uganda Police Athletics Club	16:26.04
3	2	513	Mutai	Walter	Divine Athletics Club	16:33.35
4	1	512	Chelangat	Emmanuel	Divine Athletics Club	16:43.10
	3	516	Ogwal	James	Divine Athletics Club	DNF
	4	535	Kiiza	Edson	Kabarole	DNF
	5	583	Lukyamuzi	Julius	Makindye	DNS
	8	694	Weere	Godfrey	Kiboga	DNS



4x100m Relay

Pos	Lane	Bib No.	Surname	Given Name	Affiliation	Time
1	1	633	Okabo	Santos	Uganda Christian University Athletics Club A	41.59
		635	Okolimo	Joseph		
		637	Odongo	Dickens		
		557	Olipa	Sharif		
2	3	571	Hasahya	Benard	Team Uganda B	43.53
		532	Nyeko	Johnson		
		506	Osuwa Gift	Michael		
		580	Omuka	Kenneth		
3	8	621	Osuta	Dison	Wenreko	43.59
		569	Freza	Yokwe Joseph		
		593	Abudurahuman	Abuya		
		620	Ayikocora	Ivan		
4	6	502	Okello	Darius	Uganda Christian University Athletics Club B	44.77
		631	Kideganono	Lawrence		
		637	Owiny-Dollo	James		
		630	Ogenrwot	Churchill		
5	4	555	Kitibwa	Arnold	KCCA Athletics Club Team A	45.22
		554	Kirabo	Darren		
		558	Timothy	Kisa		
		551	Epodoi	Hananiah		
6	4	595	Mukasa	Vincent	KCCA Athletics Club Team B	45.52
		553	Kiguli	Trevor		
		623	Ekisa	James		
		501	Otieno	Gleins		
7	7	544	Mwikirize	Lauben	Kampala Kids Academy Athletics Club	46.95
		545	Ndiwolye	Nifu		
		546	Ocira	Daniel		
		547	Omunyokol	Brian		
8	2	519	Opwonya	John Speke	Divine Athletics Club	48.00
		511	Bwambale	Joshua		
		514	Mutu	Allan		
		513	Mutai	Walter		

Long Jump

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	3	529	Otim	David Berkham	Gulu City	7.26
2	8	682	Odongo	Denish	UPDF Athletics Club	6.97
3	11	630	Ogenrwot	Churchill	Uganda Christian University Athletics Club	6.82
4	7	662	Komakech	Moses	Uganda Prisons Athletics Club	6.76
5	1	524	Rackara	Hassan Gracia	Gombe SSS Athletics Club	6.12
6	5	631	Kideganono	Lawrence	Uganda Christian University Athletics Club	6.11
7	2	564	Lusiba	Alex	Kids of Africa	5.75
8	10	625	Omoker	Isaac	Tororo	5.71
9	9	624	Maknot	Boniface	Tororo	5.19
10	6	640	Kainerugaba	Adam	Uganda Para Athletics	5.04
	4	597	Yikii	Jimmy	Ndejje University Athletics Club	DNS

Shot Put

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	6	650	Oceng	Moses Jinaro	Uganda Prisons Athletics Club	13.00
2	10	666	Odongo	Martin	Uganda Prisons Athletics Club	12.90
3	7	651	Odong	Baya	Uganda Police Athletics Club	12.55
4	12	673	Opiyo	Oscar	Uganda Prisons Athletics Club	12.34
5	11	671	Onencan	Bob	Uganda Prisons Athletics Club	11.13
6	8	656	Akena	Moses	Uganda Prisons Athletics Club	10.77
7	13	677	Abonga	Denisco	UPDF Athletics Club	10.75
8	9	663	Mwaka	Johnson	Uganda Prisons Athletics Club	10.71
9	5	616	Bakanzewa	Joel	Tela Field Club	10.56
10	2	531	Watmon	Jordan William	Gulu City	9.77
11	3	571	Hasahya	Benard	Makerere University Athletics Club	9.49
12	1	525	Rupiny	Solomon	Gombe SSS Athletics Club	8.59
	4	596	Ojara	Jackson Pope	Ndejje University Athletics Club	DNS

Triple Jump

Pos	Order	Bib No.	Surname	Given Name	Affiliation	Distance
1	1	524	Rackara	Hassan Gracia	Gombe SSS Athletics Club	13.32
	2	564	Lusiba	Alex	Kids of Africa	NM
	3	590	Ssendagala	Julius	Makindye	NM

