



UGANDA ATHLETICS FEDERATION

COMPETITION CALENDAR

Jan 2025 – Dec 2025

JANUARY 2025		
17 th & 18 th	2 nd Discovery Uganda Road and Trail Run	Kapchorwa
18 th	Western Region Cross Country	Kabarole
25 th	MAYANK Cross Country Challenge	Arua
	Eastern Region Cross Country	Kapchorwa
	South Western Region Cross Country	Kabale
FEBRUARY 2025		
8 th	National Cross-country Championships	Tororo
15 th	National Over Distance	Kampala
dtd	Zone V Youth Games	Cairo, Egypt
22 nd	EAAR/Jan Meda Cross Country Championships	Addis Ababa
23 rd	Source of The Nile Half Marathon	Jinja
MARCH 2025		
1 st	1 st National Trials	Namboole
8 th	Annual General Assembly	Kampala
9 th	Gulu City Athletics Promotion Track & Field	Pece Stadium
15 th	2 nd National Trials	Namboole
21 st – 23 rd	World Athletics Indoor Championships	Nanjing, CHINA
22 nd	4 th Omax Omeda meeting	Serere
29 th	3 rd National Trials	Namboole
APRIL 2025		
5 th	3 rd Rwamuhanda / Ruguga Memorial Track and Field	Kabale
12 th	4 th National Trials	Namboole
19 th – 20 th	EAAR Africa U18 & U20 Championships	DAR ES SALAAM
26 th	5 th National Trials	Namboole
MAY 2025		
3 th	4 th Okot Omony Track and Field Challenge	Kitgum
5 th – 14 th	Primary Schools National Athletics Championships	Kabale
7 th	World Kids Athletics Day	Kabale
10 th	6 th National Trials	Namboole
10 th – 11 th	World Athletics Relays	Guangzhou, China
24 th	7 th National Trials	Namboole



dtd	West Nile TID Athletics Meeting	Barifa, Arua
JUNE 2025		
7th	23rd Akii - Bua Memorial Invitational Meeting	Namboole
15th	Kyabazinga Championships	Iganga
	South Western Region Championships	Mbarara
	Northern Region Championships/Arop	Gulu
16th	Great Refugee Road Run (G3R)	Arua
22nd	MAYANK Region Championships	Koboko
	Eastern Region Championships	Kapchorwa
	Western Region championships	Kabarole
29th	North Eastern Region Champs / Etolu Memorial	Soroti
	Central Region Championships	Namboole
JULY 2025		
9th – 18th	National Secondary Schools Athletics Champs	Tororo
5th	TBAC invitation meeting	Namboole
5th – 13th	Africa School Games	Algiers, Algeria
12th	WENRECO SPRINT RUN	Barifa, Arua
16th – 20th	4th CAA African Athletics U18/U20 Championships and CAA Congress	Nigeria
21st – 27th	FISU World University Games – Athletics	Bochum, Germany
24th – 26th	National Track and Field Championships	Namboole
AUGUST 2025		
2nd	Buhweju Mountain Run	Buhweju
16th	15th National Mountain Running Championships	Kapchorwa
19th – 27th	20th East Africa secondary school Games	Kakamega, Kenya
SEPTEMBER 2025		
7th	Kids of Africa Road Run	Bugiri, Entebbe
13th – 21th	World Athletics Championships	Tokyo, Japan
25th – 28th	World Mountain and Trail Running Championships (WMTRC)	Canfranc – Pirineos, Spain
OCTOBER 2025		
18th	South Western Region Cross Country	Kabale
	MAYANK Cross Country Challenge	Arua
25th	Western Region Cross Country	Kabarole
	Eastern Region Cross Country	Kapchorwa
NOVEMBER 2025		
1st	Opening of Athletes Transfer Window	UAF Office
1st	UNDP 3rd Elgon Half Marathon	Mbale City
22nd	National Cross-Country Championships	Tororo



DECEMBER 2025		
3rd	World AIDS Day Road Running	Kanungu
13th	Cheptegei Joshua Christmas Run	Kapchorwa
14th – 19th	AUUS Games	UCU
dtd	African Youth Games	Luanda, Angola
28th	6th Koboko Development Agency (KDA) Run	Koboko
31st	Closure of Athletes Transfer Window	UAF Office